

# Genetics

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Helena Jeppsson (SWE) - September 2019

Musique: Genetics - Meghan Trainor



## **Touch x2, step 1/4 turn L, cross, step, cross, rock & cross**

- 1& Touch right toe beside LF, step RF beside LF
- 2& Touch left toe beside RF, step LF beside RF
- 3, 4 Step fwd on RF, make a 1/4 turn L (9.00)
- 5 Step RF across LF
- 6,7 Step LF to left side, step RF across LF
- 8&1 Rock LF to left side, recover, cross LF over RF

## **3/4 turn R, coaster step, out, out, in, in**

- 2 1/4 turn R stepping fwd on RF
- 3 1/4 turn R stepping LF to left side
- 4 1/4 turn R stepping back on (facing 6.00)
- 5&6 Step back on LF, step RF beside LF, step fwd on LF
- &7 Step out out on right heel and left heel
- &8 Step RF back to center, step LF beside RF

## **RESTART on wall 4**

## **Side rock, weave, side rock, weave w/ 1/4 turn R**

- 1, 2 Rock RF to right side, recover onto LF
- 3&4 Step RF behind, LF, step LF to left side, cross RF over LF
- 5, 6 Rock LF to left side, recover onto RF
- 7&8 Step LF behind RF, 1/4 turn R stepping fwd on RF, step fwd on LF (9.00)

## **Heel grind, 1/4 turn L heel grind, coaster cross, paddle 1/4 turn L**

- 1, 2 RF heel grind, step LF to left side
  - &3, 4 Step RF beside LF, LF heel grind with 1/4 turn L, step back on RF (6.00)
  - 5&6 Step back on LF, step RF beside LF, cross LF over RF
  - 7& Press RF to right side, recover weight on LF
  - 8& Make a 1/4 turn L press RF to right side, recover weight onto LF (3.00)
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