

# Rock Out!

**Compte:** 48

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Pat Newell (USA) - August 2019

**Musique:** Keep on Rockin' Me - Pete Stothard



#48 in

**Learning:** Triple rock recover to ¼ turns, toe struts fwd and back, kick steps, ¼ pivots

## **TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT, ROC REC TO ¼ RIGHT 3:00**

1-2 3&4 Triple R, L, R, rock back on L, recover on R

5-6 7&8 Triple L, R, L, rock back on R, recover to ¼ wall right 3:00

## **TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT, ROC REC TO ¼ RIGHT 6:00**

1-2 3&4 Triple R, L, R, rock back on L, recover on R

5-6 7&8 Triple L, R, L, rock back on R, recover to ¼ wall right 6:00

## **TOE STRUTS FORWARD**

1-4 Step R toe fwd, step down on R, (toe strut), step L toe fwd, step down on L

5-8 Step R toe fwd, step down on R, step L toe fwd, step down on L

## **TOE STRUTS BACK**

1-4 Step R toe back, step down on R, step L toe back, step down on L

5-8 Step R toe back, step down on R, step L toe back, step down on L

## **KICK RIGHT TO RIGHT, STEP RIGHT BEHIND LEFT, STEP LEFT TO LEFT, CROSS RIGHT OVER LEFT**

## **KICK LEFT TO LEFT, STEP LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT, CROSS LEFT**

1-4 Kick R diag R, step R behind L, step L to L, cross R over L

5-8 Kick L diag L, step L behind R, step R to R, cross L over R

## **PIVOT LEFT ¼, PIVOT LEFT ¼, PIVOT LEFT ¼, PIVOT LEFT ¼ \* Raise hands in air and fan them around**

1-4 Step R fwd, turn ¼ L on L, step R fwd turn ¼ L on L

5-8 Step R fwd, turn ¼ L on L, step R fwd turn ¼ L on L 6:00

## **DANCE FOR THE HEALTH OF IT**

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