

# To Lead A Better Life

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner



**Chorégraphe:** Annette Lapp (DK) - August 2019

**Musique:** Here, There & Everywhere - The New Seekers & Keith Potger : (Album: The Albums 1970 - 73 - iTunes)

**Intro:** 12 count

## **Side, Together, Shuffle Forward, Side, Behind, ¼ Turn Left Shuffle Forward**

- 1-2 Step right to right, left beside right
- 3 & 4 Step right forward, left beside right, step right forward
- 5 – 6 Step left to left, step right behind left
- 7&8 ¼ turn left stepping left forward, step right beside left, step left forward

## **Rock Step Right, &, Rock Step Left, &, Sway Right, Left, Shuffle Back**

- 1 – 2 & Rock right forward, recover onto left, right beside left
- 3 – 4 & Rock left forward, recover onto right, left beside right
- 5 – 6 Sway right, sway left
- 7 & 8 Step right back, step left beside right, step right back

## **Back Rocking Chair, ½ Turning Shuffle Left, ½ Turning Shuffle Right**

- 1 – 2 Rock left back, recover onto right
- 3 – 4 Rock left forward, recover onto right
- 5 & 6 ¼ turn left stepping left to left, step right beside left, ¼ turn left stepping left forward
- 7 & 8 ¼ turn right stepping right to right, step left beside right, ¼ turn right stepping right back

## **Sailor Step Left and Right, Cross, Unwind ½ Right, Kick Ball Change**

- 1&2 Step left behind right, step right to right, step left to left
- 3&4 Step right behind left, step left to left, step right to right
- 5 – 6 Cross left over right, on ball turn ½ right (weight on right)
- 7&8 Kick left forward, left beside right, touch right beside left

**Ending:** Dance up to count 24 (12.00) and pose

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