

No Lo Trates

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Wina Malinda (INA) - August 2019

Musique: No Lo Trates - Pitbull, Daddy Yankee & Natti Natasha



Intro: 32 Count

S1: BOTAFOGOS, BACK, BACK, BACK, BACK LEFT COASTER STEP

1&2 Cross R over L, Step L to side, Step R in place
3&4 Cross L over R, Step R to side, Step L in place
5&6 Walk backward R, L, R
7&8 Step L back, Step R next to L, Step L forward

S2: PIVOT ¼ TURN LEFT, TURN ½ RIGHT, FORWARD, PIVOT ½ LEFT, FULL TURN RIGHT, FORWARD

1&2 Step R forward, Pivot ¼ L, Cross R over L
3&4 Make ¼ turn R step L back, Make ¼ turn R step R to side, Step L forward
5&6 Step R forward, Pivot ¼ turn L, Cross R over L
7&8 Make ½ turn R step L back, Make ½ turn R step R forward, Step L forward

Restart here during Wall 2, 5 & 8

S3: FORWARD & BACKWARD SAMBA, SAMBA WHISK, ¼ LEFT SAMBA WHISK

1&2 Step R forward, Step L next to R, Step R in place
3&4 Step L back, Step R next to L, Step L in place
5&6 Step R to side, Cross L behind R, Step R in place
7&8 Make ¼ turn L step L to side, Cross R behind L, Step L in place

S4: DIAGONALL FORWARD LOCK SHUFFLE (RIGHT, LEFT), HALF PADDLE LEFT

1&2 Step R forward diagonally R, Lock L behind R, Step R forward diagonally R
3&4 Step L forward diagonally L, Lock R behind L, Step L forward diagonally L
5-8 Step R forward while turning ¼ L turn, Step R forward diagonally R while turning 1/8 L turn,
Step R forward while turning 1/8 L turn, Step R next to L

Begin Again

For more information about this dance please contact me at: ra.winamalinda5@gmail.com