

# Mama Makes Three

Compte: 48

Mur: 2

Niveau: Easy Intermediate



Chorégraphe: Ami Carter (UK) - July 2019

Musique: Mama Makes Three (SMASH Cast Version) (feat. Jennifer Hudson) - SMASH  
Cast : (Album: SMASH - The Complete Season Two)

## [1 – 8] R STEP, TOUCH, L STEP, TOUCH, R BEHIND-SIDE-CROSS, L POINT

- 1 2 Step right foot to right side, touch left toe to left diagonal  
3 4 Step left foot to left diagonal, touch right toe to right diagonal  
5 6 7 Cross right foot behind left, step left to left side, cross right foot over left  
8 Point left toe to left side whilst angling body to face right diagonal (12.00)

## [9 – 16] L CROSS, ¼, ¼, R POINT, ¼, ½, R COASTER STEP

- 1 2 3 Cross left foot over right, make ¼ turn left stepping right foot back, make ¼ turn left stepping left foot out to left side (6.00)  
4 Point right toe to right side  
5 6 Make ¼ turn right stepping right foot forward, make ¼ turn right stepping left foot back (3.00)  
7&8 Step right foot back, close left foot next to left, step right foot forward

## [17 – 24] L TOE STRUT, R TOE STRUT, L ROCKING CHAIR

- 1 2 Touch left toe forward, drop left heel taking weight onto left foot  
3 4 Touch right toe forward, drop right heel taking weight onto right foot  
5 6 7 8 Rock left foot forward, recover weight back onto right, rock left foot back, recover weight forward onto right

Restart: Wall 5 (see below)

## [25 – 32] L STEP ½ PIVOT, L ROCK, RECOVER, OUT-OUT, HEEL BOUNCE x2, BALL-CROSS

- 1 2 Step left foot forward, make ½ turn right changing weight onto right foot (9.00)  
3 4 Rock left foot forward, recover weight back onto right foot  
&5 Step left foot back to left diagonal, step right foot out to right side  
6 7 Bounce both heels twice  
&8 Step ball of right foot next to left, cross left foot over right

## [33 – 40] R GRAPEVINE ¼ TURN, BRUSH, L STEP, ¼ TOUCH, R STEP ¼, L BRUSH

- 1 2 3 Step right foot to right side, cross left foot behind right, make ¼ turn right stepping right foot forward (12.00)  
4 Brush left foot forward  
5 6 Step left foot forward, make ¼ turn right touching right toe next to left foot (3.00)  
7 8 Make ¼ turn right stepping right foot forward, brush left foot forward (6.00)

## [41 – 48] L ROCK, RECOVER, ½ TURNING SHUFFLE, BRUSH, ¼ HITCH, ¼ STEP BACK, L COASTER STEP

- 1 2 Rock left foot forward, recover weight back onto right foot  
3&4 Make ¼ turn left stepping left foot to left side, close right foot next to left, make ¼ turn left stepping left foot forward (12.00)  
5&6 Brush right foot forward, make ¼ turn left hitching right knee, make ¼ turn left stepping right foot back (6.00)  
7&8 Step left foot back, close right foot next to left, step left foot forward

START AGAIN

Restart – Wall 5: Do routine up to an including count 20 then do the following

21 – 24      Rock left foot forward, recover weight back onto right foot, make  $\frac{1}{4}$  turn left stepping left foot to left side, touch right toe next to left (12.00)

**Note: After 16 counts of Wall 7, the music becomes more up tempo – just keep dancing! You don't have to change anything... there's only a couple of walls to go!**

**Last Update - 5 Sept. 2019**

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