

From The Day

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Jennifer Jones (USA) - July 2019

Musique: From the Day - I AM THEY : (Album: I Am They)



Music Available on: iTunes and amazon.com

Begin dance on lyrics (32 counts in)

Section 1: SHUFFLES, ¼ TURN JAZZ BOX

- 1&2 Step forward R, close L next to R, step forward R
3&4 Step forward L, close R next to L, step forward L (12:00)
5,6,7,8 Cross R over L, step back on L, step R ¼ turn right, step L forward (3:00)

Section 2: SHUFFLES, ¼ TURN JAZZ BOX

- 1&2 Step forward R, close L next to R, step forward R
3&4 Step forward L, close R next to L, step forward L (3:00)
5,6,7,8 Cross R over L, step back on L, step R ¼ turn right, step L in front of R (6:00)

Section 3: TURNING VINES, STEP TURN

- 1,2 Step R to right, step L behind R
3,4 Step R ¼ turn right, step L ¼ turn right (12:00)
5,6 R step behind L, L step ¼ turn left
7,8 R step forward, ½ pivot left (3:00)

Section 4: TURNING VINES, STEP TURN

- 1,2 R step forward ¼ turn left, L step behind R
3,4 R step ¼ turn right, L step ¼ turn right (6:00)
5,6 R step behind L, L step ¼ turn left
7,8 R step forward, ½ pivot left (9:00)

Begin dance again

Steps learned: pivot turn, turning jazz box, shuffle, weave

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Thank- you and enjoy the dance.

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Last Update - 12 Sept. 2019