

Long Tall Sally

Compte: 48

Mur: 4

Niveau: Beginner

Chorégraphe: Marja Urgert (NL) & Jan Van Tiggelen (NL) - August 2019

Musique: Long Tall Sally - Elvis Presley



Intro: 16 Counts

Sec 1: Heel Strut R,L, Out Out In In

1-2-3-4 RF. Step on heel fwd - RF. Drop foot down - LF. Step on heel fwd - LF. Drop foot down
5-6-7-8 RF. Step to R side (out) - LF. Step to L side (out) - RF. Step back to center (in) - LF. Step beside RF

Sec 2: Heel Strut R,L, Out Out In In

1-2-3-4 RF. Step on heel fwd - RF. Drop foot down - LF. Step on heel fwd - LF. Drop foot down
5-6-7-8 RF. Step to R side (out) - LF. Step to L side (out) - RF. Step back to center (in) - LF. Step beside RF

Sec 3: Jazz Box Cross with Holds

1-8 RF. Cross over LF - Hold - LF. Step back - Hold - RF. Step to R side - Hold - LF. Cross over RF - Hold

Sec 4: Side, Touch, Side, Touch, Side, Together, 1/4 Turn R, Hold

1-2-3-4 RF. Step to R side - LF. Touch toe beside RF - LF. Step to L side - RF. Touch toe beside LF
5-6-7-8 RF. Step to R side - LF. Step beside RF - RF. 1/4 Turn R step fwd - Hold (3:00)

Sec 5: Step fwd, Hold, Pivot 1/2 Turn R, Hold, Run'Run'Run, Hold

1-2-3-4 LF. Step fwd - Hold - Pivot 1/2 turn R - Hold (9:00)
5-6-7-8 LF. Run fwd - RF. Run fwd - LF. Run fwd - Hold

Sec 6: Step fwd, Hold, Pivot 1/2 Turn L, Hold, Run'Run'Run'Run

1-2-3-4 RF. Step fwd - Hold - Pivot 1/2 turn L - Hold (3:00)
5-6-7-8 RF. Run fwd - LF. Run fwd - RF. Run fwd - LF. Run fwd

Start Again

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