

# Movin' On

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Daniel Clément (BEL) - August 2019

Musique: Movin' On - Robynn Shayne



## Intro :16 counts

### [1-8] Heel 2X Right, Coaster step – Heel 2X Left, Sailor step 1/4 Turn

1-2-3&4 Tap R heel forward (X2) – Step back on R – L together - R forward

5-6-7&8 Tap L heel forward (X2) – Cross L behind R - 1/4 turn L, Step R to R – Step L forward (9 :00)

### [9-16] Heel Jacks – Ball step backward - L back - R back - L Together - R Forward

1&2& Cross R over L - L back at slight angle - Tap R heel diagonal forward - R together

3&4& Cross L over R - R back at slight angle - Tap L heel diagonal forward - L together

5-6-7&8 Step back on R – Step back on L – Step back on R - L Together- R forward

### \*\*\*Tag 2 & Restart

### [&17-24] Ball step forward, Touch - Step turn 1/4 R, Step forward – (Hitch - Cross shuffle X2)

&1-2 L together - R forward - Touch L next R

### \*\*\*Tag3 & Restart

3&4 L forward - 1/4 turn R - L forward (12 :00)

&5&6 Hitch R knee - Cross R over L - Step L on L - Cross R over L

&7&8 Hitch L knee - Cross L over R - Step R on R - Cross L over R

### [25-32] Jazzbox 1/4 Turn - Skips Backward

1-2-3-4 Cross R over L - Step back on L - 1/4 turn R, step R on R - L together (3 :00)

5&6& Step back on R - Hop back on R - Step back on L - Hop back on L

7&8 Step back on R - Hop back on R - Step back on L

### TAG 1 : End of wall 1 (3 :00), wall 2 (6 :00), wall 5 (9 :00) wall 6 (12 :00)

1-2 Heel Bounces

&1&2 Up R heel – Down R heel (X2) (Toe on the floor)

### TAG 2 & RESTART : Wall 4 after 16 counts (6 :00)

1-6 Out-Out – Apple Jacks

1-2 L slightly on L diagonal – R slightly on R diagonal

&3 With weight on L heel and R toe, swivel R heel & L toe to the L - Return to center

&4 Change weight to L toe and R heel and swivel L heel & R toe to the R - Return to center

&5 Change weight to R toe and L heel and swivel R heel & L toe to the L - Return to center

&6 Change weight to L toe and R heel and swivel L heel & R toe to the R - Return to center

### Restart (6 :00)

### TAG 3 & RESTART : Wall 8 after 18 counts (12:00)

#### [1-8] Side rock – Behind side cross L & R

1-2-3&4 Rock L to L - Recover on R - Cross L behind R - Step R to R - Cross L over R

5-6-7&8 Rock R to R - Recover on L - Cross R behind L - Step L to L - Cross R over L

#### [9-16] Rock L forward – Shuffle 1/2 turn L – Rock R forward – Shuffle 1/2 turn R

1-2 L rock forward - Recover on R

3&4 1/4 turn L, step L to L - R together - 1/4 turn R, L forward

5-6 R rock forward - Recover on L

7&8 1/4 turn R, step R to R – L together – 1/4 turn L, R forward

**[17-20] Step L next R – Apple Jacks**

- 1 Step L next R
- &2 With weight on L heel and R toe, swivel R heel & L toe to the L - Return to center
- &3 Change weight to L toe and R heel and swivel L heel & R toe to the R - Return to center
- &4 Change weight to R toe and L heel and swivel R heel & L toe to the L - Return to center

**Restart (12 :00)**

**Ending : 12th wall, after 8 counts, heel jacks with 1/4 turn L, step L to L**

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