

# Back To Your Arms

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver Country

**Chorégraphe:** Christina Yang (KOR) - July 2019

**Musique:** Sea of Heartbreak - Anne Murray



**Start the dance after 16 counts**

## **SECTION 1: SIDE, JAZZ BOX, CROSS, SIDE, BACK ROCK, RECOVER, SIDE, 1/4 TURN TO L WITH BACK ROCK, RECOVER**

1-2 RF side, LF cross over RF  
3&4 RF backward, LF side, RF cross over LF  
5-6& LF side, RF cross rock behind LF, LF recover  
7-8& RF side, 1/4 turn to L with LF cross rock behind RF, RF recover

## **SECTION 2: FORWARD, ROCKING CHAIR, FORWARD, KICK, BACKWARD, COASTER STEP**

1 LF forward  
2&3& RF forward rock, LF recover, RF backward rock, LF recover  
4-6 RF forward, LF forward kick, LF backward  
7&8 RF backward, LF closed RF, RF forward

## **SECTION 3: 1/2 TURN TO R WITH CHASE TURN, FULL TURN TO L, FORWARD, 1/4 TURN TO R WITH PIVOT TURN, CROSS, SIDE**

1-3 LF forward, 1/2 turn to R with weight change to RF, LF forward  
4&5 1/2 turn to L with RF backward, 1/2 turn to L with LF forward, RF forward  
6-7 LF forward, 1/4 turn to R with RF side  
8& LF cross over RF, RF side

## **SECTION 4: CROSS BEHIND, SIDE, CROSS SHUFFLE WITH SWEEP, CROSS, 1/4 TURN TO R WITH BACKWARD, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER**

1&2& LF cross behind RF, RF side, LF cross over RF, RF side  
3-4&5 LF cross over RF and RF sweep from back to front, RF cross, 1/4 turn to R with LF backward, RF side  
6&7 LF cross rock over RF, RF recover, LF side  
8& RF cross rock over LF, LF recover

**NO TAG, NO RESTART**

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<https://www.facebook.com/christina.yang.148553>

<https://www.youtube.com/c/ChristinaYangLinedance>

**Last Update – 2 Aug 2019**