# **Lonely Cowboy**



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Paul Parsons (UK) - July 2019

Musique: Where Rivers Are Red and Cowboys Are Blue - Triston Marez : (Album: That

Was All of Me)



#### Rock recover shuffle forward, rock back recover shuffle back

1-2	Rock forward on the right foot recover on the left
3&4	Right shuffle back stepping Right, Left, Right
5-6	Rock back on the left foot recover on the right
7&8	left shuffle forward stepping left, right, left

## Right Side rock cross shuffle, Left side rock cross shuffle.

1-2	Rock the right out to the right side and cross the Right in front of left
1 4	

3&4 Cross shuffle right over left stepping right, left, right

5-6 Rock the left out to the left side and cross left in front of Right

7&8 Cross shuffle Left over right stepping left, right, left

#### Right-side together back, left side together back

1-2	Step the right foot to	the right side and	step the left next	to riaht.
				5

3&4 Shuffle back Right left Right

5-6 Step the left foot to the left side and step right next to left.

7&8 Shuffle back left right left.

#### Back point back points, right Sailor left Sailor guarter turn

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1-2	Cross right behind left, point the left out to the left side
3-4	Cross left behind right and point the right out to the right side
5&6	Rock right foot behind left, step left foot out to left side, step right foot out to right side.
7&8	Rock quarter turn Left foot behind Right, step right foot out to right side, step left foot out to the left side. (9 0'clock)

## Begin again.

Ending the dance finishes at the back wall Cross Right over left and unwind a half turn to the front wall.

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