

Dear Lady

Compte: 64

Mur: 1

Niveau: Beginner

Chorégraphe: Foo Sally (MY) - June 2019

Musique: Yin Du Gu Niaang - Karaoke Version.



INTRO : DANCE INTRO AFTER 10 counts (Optional) BEGIN ACTUAL DANCE AT VOCAL.

SECTION 1 : (LOCK STEP TO RIGHT , LOCK STEP TO LEFT (WITH HIP ROLL optional) TWICE

- 1 & 2 RF step to right (1) LF step behind RF (&) RF step forward (2)
- 3 & 4 LF step to Left (3) RF step behind LF (&) LF step forward (4)
- 5 & 6 RF step to right side (5) LF step behind RF (&) RF step forward (6)
- 7 & 8 LF step to left (7) RF step behind LF (&) LF step forward (8)

SECTION 2 : (¼ TURN RF HITCH DIAGONALLY RIGHT, LF HITCH DIAGONALLY LEFT) FACING 3.00 ,6.00, 9.00 and 12.00 .

- 1 &,2&, 3&, 4& ¼ turn Right, RF hitch , LF hitch (3.00) , ¼ turn RF hitch , LF hitch (6.00
- 5&, 6& ,7&, 8& ¼ turn RF hitch ,LF hitch (9.00) , RF hitch ,LF hitch (12.00)

SECTION 3 : REPEAT SECTION 1 (2 X RIGHT LOCK STEP ,LEFT LOCK STEP WITH HIP ROLL).

SECTION 4 : REPEAT SECTION 2 (4 X ¼ TURN RF HITCH DIAGONALLY RIGHT , LF HITCH DIAGONALLY LEFT. FACING 3.00 ,6.00, 9.00 back to 12.00)

SECTION 5 : 2 X (RF FORWARD TO RIGHT HEEL & HEEL, BEHIND SIDE CROSS. LF FORWARD TO LEFT HEEL & HEEL ,BEHIND SIDE CROSS)

- 1-2, 3 & 4 Right heel forward right ,heel touch and touch . RF step behind LF, LF step next to RF, RF step forward.
- 5-6, 7 & 8 Left heel touch and touch forward to Left. LF step behind RF. RF step next to LF. LF step forward.

SECTION 6: 2 X (RF HEEL GRIND TO THE RIGHT. RF RECOVER NEXT TO LF. LF HEEL GRIND TO THE LEFT. LF RECOVER NEXT TO RF.

- 1-2 Right heel touch to right side. RF recover next to LF.
- 3-4 Left heel touch to left side. LF recover next to RF.
- 5-6 Right heel touch to right side.RF recover next to LF.
- 7-8 Left heel touch to left side. LF recover next to RF.

SECTION 7: (RF TOE STRUT FWD WITH HIP BUMP , LF TOE STRUT FWD WITH HP BUMP) x 2 . (RF,LF TOUCH & STEP BACKWARD WITH SHOULDER SHIMMY.) x 2.

- 1&, 2 &,3&,4& (RF forward touch step ,right hip bump, LF forward touch step with left hip bump)X 2
- 5&, 6& ,7&,8& (RF touch step backward, LF touch step with shimmy) X 2

SECTION 8: ¼ TURN RIGHT SKATE ,LF SKATE (3.00) ¼ TURN RF SKATE ,LF SKATE , (6.00 PM) ¼ TURN RIGHT RF SKATE,LF SKATE(9.00) 1/4/ TURN RIGHT RF SKATE,LF SKATE. (12.00)

- 1& ,2 &, 3 &,4 ¼ turn right ,(3.00) RF skate R (1&),LF skate L (2&) ¼ turn (6.00) RF skate (3&)LF skate L (& 4&))
- 5 &,6&,7&,8& ¼ turn (9.00) RF skate R (5&) LF skate (6&) ¼ turn (12.00) RF skate R (7&) LF skate L (8&)

TAG : 16 counts 2 X 8 synchroated counts (RIGHT FORWARD SHUFFLE,LEFT FORWARD SHUFFLE)

- 1 & 2, RF step forward to Right , LF step behind RF , RF step forward.
- 3 & 4 LF step forward to left , RF step behind LF, LF step forward.
- 5 & 6 RF step forward to Right, LF step behind RF, RF step forward.
- 7 & 8 LF step forward to left, RF step behind LF, LF step forward.

RESTART DANCE AGAIN SECTION 1 TILL SECTION 8 .

ENDING WITH DANCING ANOTHER 8 COUNTS SECTION 6.

Contact : wchengfong@yahoo.com- or SallyWcfong@Gmail - Foo Sally Happy dancing.
