

Calma y Lento

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Gregory Danvoie (BEL) - June 2019

Musique: Calma (Remix) - Pedro Capó & Farruko

S1- Side, together, side, together X2

- 1-2 RF step to the side, LF together
- 3-4 RF step to the side, LF together
- 5-6 LF step to the side, RF together
- 7-8 LF step to the side, RF together

S2- K step

- 1-2 RF step fwd in diagonal R, touch LF next to RF
- 3-4 LF step back in diagonal L, touch RF next to LF
- 5-6 RF step back in diagonal R, touch LF next to RF
- 7-8 LF step fwd in diagonal L, touch RF next to LF

S3- Jazz box with 1/8 turn X2

- 1-2-3-4 Jazz box with 1/8 turn to the R
- 5-6-7-8 Jazz box with 1/8 turn to the R

S4- Step fwd X3, kick, step back x3, touch

- 1-2 RF step fwd, LF step fwd
 - 3-4 RF step fwd, LF kick fwd
 - 5-6 LF step back, RF step back
 - 7-8 LF step back, RF touch next to LF
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