

Yong Bao

Compte: 96

Mur: 2

Niveau: Phrased Easy Intermediate



Chorégraphe: Danièle Chang (FR) - June 2019

Musique: Yong Bao (DJ Version) by Zhang Bei Bei

Intro: 36 counts

Sequence of dance: A- A- B- B- A -A- B- B- B- A- the first 8 counts of A

Part A - 32 counts

SA1: Side, Touch x 4

1 - 4 Step R to R (1), Touch L beside R (2) Step L to L (3), Touch R beside R (4)

5 - 8 Step R to R (5), Touch L beside R (6) Step L to L (7), Touch R beside R (8)

SA2: (Side, Cross, Point, Point) X 2

1 - 4 Step R to R (1), Cross L over R (2), Point R to R (3), Point R to R (4)

5 - 8 Step R to R (5), Cross L over R (6), Point R to R (7), Point R to R (8)

SA3: Behind-Side-Cross, Point, Hip Bump X 3, Step

1 - 4 Step R behind L (1), Step L to L Side (2), Cross R Over L (3), Point L to L Side (4)

5 - 8 Hip Bump X 3 (5,6,7), Step Down on L (8)

SA4: Cross Point X 2, R Paddle ¼ L With Hips Roll X 2

1 - 4 Cross R over L (1), Point L to L Side (2), Cross L over R (3), Point R to R Side (4)

5 6 Step R Fwd (5), Turn ¼ L with Hips Roll anticlockwise (6)

7 8 Step R Fwd (7), Turn ¼ L with Hips Roll anticlockwise (8)

Part B - 64 counts

SB1: Slide, Jump ¼ Turn R, Slide, Jump ¼ Turn L

1&2& Slide R (1) Jump the same foot (&), Slide L (2) Jump the same foot (&) making 1/8 Turn R

3&4& Slide R (3) Jump the same foot (&), Slide L (4) Jump the same foot (&) making 1/8 Turn R

5&6& Slide R (5) Jump the same foot (&), Slide L (6) Jump the same foot (&) making 1/8 Turn L

7&8& Slide R (7) Jump the same foot (&), Slide L (8) Jump the same foot (&) making 1/8 Turn L

SB2: Slide, Jump Back R,L,R,L, Hold

1&2& Slide R Back (1) Jump Back the same foot (&) Slide L Back (2) Jump Back the same foot (&)

3&4& Slide R Back (3) Jump Back the same foot (&) Slide L Back (4) Jump Back the same foot (&)

5& Step Out R (5), Step Out L (&)

6 7 8 Hold (6) As you raise R arm up in front palm open, Hold (7), you lower R arm & drag R beside L weight on L (8)

SB3: Tap R Heel X 2, Sailor, Tap L Heel x 2, Sailor ¼ R

1 2 3&4 Tap R Heel R side x 2 (1,2), R behind L (3), Step L next to R (&) Step R to R side (4)

5 6 7&8 Tap L Heel L side x 2 (5,6), L behind R (7), Turn ¼ R Step R next to L (&) Step L to L side (8)

SB4: Charleston Steps

1 - 4 Touch R Toe Fwd (1), Step R Back (2), Touch L Toe Back (3), step L Fwd (4)

5 - 8 Touch R Toe Fwd (5), Step R Back (6), Touch L Toe Back (7), step L Fwd (8)

SB5: Weave, Paddle 1/8 L Turn X 4

1 - 4 Step R behind L (1), Step L to L Side (2), Cross R Over L (3), Step L to L side (4)

5&6& Turn 1/8 L Touch L to R side (5) Recover on L (&) Turn 1/8 L Touch R to R Side (5) Recover on L (&)

7&8& Turn 1/8 L Touch R to R side (7) Recover on L (&) Turn 1/8 L Touch R to R Side (8) Recover on L (&)

SB6: Jump to R, Touch, Hold, Jump to L, Touch, Hold, Jump Fwd, Jump Back, Step Fwd, Drag L

&1 2 Jump R to R Side (&), Touch L next to R (1) make a little bounce in the body (2)

& 3 4 Jump L to L Side (&), Touch R next to L (3) make a little bounce in the body (4)

&5&6 Jump R Fwd (&), Close L next to R (5), Jump R Back (&), Close L next To R (6)

7 8 Step R Fwd (7), Drag L next to R (8)

SB7: K Step With ¼ Turn L

1 – 4 Step R Fwd to R diag (1) Touch L next to R (2), Step L Back to L diag (3), Touch R next to L (4)

5 – 8 Step R Back to R diag (5), Touch L next to R (6), ¼ Turn | Step L to L side (7), Touch R next to R (8)

SB8: Syncopated Chasse on R X 3, Step, Syncopated Chasse on L X 3, Step

1&2&3&4 Step R to R Side, L next to R X 3 (1&2&3&) Step R to R Side (4)

5&6&7&8 Step L to L Side, R next to L X 3 (5&6&7&) Step L to L Side (8)

Option: Gradually raise your arms and clap hands on 4 & 8

Start again and have fun!

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