

Heartache Medication

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau:

Chorégraphe: Cheryl Dibble (USA) - June 2019

Musique: Heartache Medication - Jon Pardi



Begin after 16 counts

(STEP BEHIND-OUT-OVER, ROCK) X 2

1,2&3,4. Step right on R, step L behind R, step R to right, cross L over R, Rock R to right
5,6&7,8. Step left on L, step R behind L, step L to left, cross R over L, Rock L to left

RECOVER, 1/4 TURN SAILOR STEP, STEP; TURN ½ LEFT,STEP; TURN ¼ LEFT, STEP; BEHIND-OUT-OVER

1,2&3,4. Recover R. ¼ turn left sailor step, step forward on R
5,6,7&8 Turning ½ left, step on L, Turning ¼ left step on R, step L behind , step R to right, cross L over R

ROCK FORWARD TURNING ¼ RIGHT, RECOVER; RIGHT COASTER STEP; ROCK LEFT FORWARD, RECOVER; LEFT COASTER STEP

1,2,3&4. Rock R forward turning ¼ right, recover L, step R back, step L next to R, step R forward
5,6,7&8. Rock L forward, recover R, step L back, step R next to L, step L forward

ROCK, RECOVER, ¼ TURN QUICK TRIPLE STEP; TURN ½ RIGHT, STEPPING ON LEFT, STEP RIGHT BEHIND, SHUFFLE TURNING ¼ LEFT

1,2,3&4. Rock R forward, recover L, turning ¼ right quickly step on R, step L next to R, step R to right.
5,6,7&8. Turning ½ right, step on L, step R behind L. Turning ¼ left shuffle LRL

*****TAG AND RESTART: On wall 3, after 28 steps add a quick step L next to R, then Restart**

*****RESTART: on wall 7 after 16 steps**

Last Update - 12 Sept. 2019- R2