

Starting Out

Compte: 32

Mur: 1

Niveau: Absolute Beginner



Chorégraphe: Sue Marshall (UK) - June 2019

Musique: Shipwrecked - The Sunshine Cowboys

Also : Jumpin' The Gun by Ronnie Barnes OR any song with a slow steady beat.

SECTION 1: WALK FORWARD RIGHT, LEFT, RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH

- 1-2-3 Step forward on Right, Step forward on Left, Step forward on Right
- 4 Kick Left foot forward
- 5-6-7 Step back on Left, step back on Right, step back on Left,
- 8 Touch Right toe beside Left

SECTION 2: WALK FORWARD RIGHT, LEFT, RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH

- 1-2-3 Step forward on Right, Step forward on Left, Step forward on Right
- 4 Kick Left foot forward
- 5-6-7 Step back on Left, step back on Right, step back on Left,
- 8 Touch Right toe beside Left

SECTION 3: RIGHT SIDE-CLOSE-SIDE, TOUCH, STEP LEFT, TOUCH, STEP RIGHT, TOUCH

- 1-2-3 Step Right to right side, step Left beside Right, step Right to right side,
- 4 Touch Left toe beside Right
- 5-6 Step Left to left side, touch Right beside Left
- 7-8 Step Right to right side, touch Left beside Right

(If liked – on last 4 beats wave arms in air to left when stepping to left and wave to right when stepping to right)

SECTION 4: LEFT SIDE-CLOSE-SIDE, TOUCH, STEP RIGHT, TOUCH. STEP LEFT, TOUCH

- 1-2-3 Step Left to left side, step Right beside Left, Step Left to left side (or quarter
- 4 turn to left), touch Right beside Left

(OPTION – To make this a 4 wall dance turn ¼ left on Count 3 of Section 4)

- 5-6 Step Right to right side, touch Left beside Right
- 7-8 Step Left to left side, touch Right beside Left

(If liked - On last 4 beats wave arms in air to right when stepping to right and wave to left when stepping to left)

START AGAIN and SMILE!