

# Seize Onto Happiness

**COPPER KNOB**  
STEPPERS

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Virginia W. F. Tsui (CAN) - January 2019

**Musique:** 开开心心每一天 - 囚鳥



## #32 count intro

### SIDE, BEHIND, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1 2 Step left to side, cross right behind left
- 3 4 Step left to side, touch right next to left
- 5 6 Step right to side, touch left next to right
- 7 8 Step left to side, touch right next to left

### SIDE, BEHIND, SIDE, TOUCH, FWD ROCK ¼TURN LEFT, BACK ROCK

- 1 2 Step right to side, cross left behind right
- 3 4 Step right to side, touch left next to right
- 5 6 Step forward on left, recover onto right
- 7 8 ¼ turn left, step back on left, recover onto right (9:00)

### FWD, FWD, FWD, KICK (CLAP), BACK, BACK, BACK, TOUCH (CLAP)

- 1234 Walk forward LRL, kick right forward & clap hands
- 5678 Step back RLR, touch left next to right & clap hands

### MONTEREY ¼ TURN LEFT, SIDE TOUCH, TOGETHER, JAZZ BOX

- 1 2 Touch left to the side, ¼ turn left & step left next to right
- 3 4 Touch right to side, step right next to left
- 5 6 Step left forward, cross right over left
- 7 8 Step back on left, step right next to left (6:00)

**Tag:** After wall 3 & wall 9 add 4 counts claps

**Enjoy!**

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