

Con Calma

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Yona Mirda (INA) - March 2019

Musique: Con Calma by Daddy Yankee & Snow



Intro : 16 counts

[1 – 8] SKATE FWD DIAG, SHUFFLE DIAG, SKATE BACK DIAG, SHUFFLE BACK DIAG

- 1 – 2 Skate R fwd diag – skate L fwd diag
- 3 & 4 Step R fwd diag – L beside R – R fwd diag
- 5 – 6 Skate L back diag – skate R back diag
- 7 & 8 Step L back diag – R beside L – L back diag ... (11.30)

*Restart here on wall 7

[9 – 16] SWIVEL IN TOES & HEELS, 3/8 TURN RIGHT TWIST, SIDE SAMBA

- 1 – 2 Swivel both toes in – swivel both heels in
- 3 & 4 Make 3/8 turn swivel both toes to right – both heels to right – both toes to right .. (3.00)
- 5 a6 Rock L to side – recover on R – close L beside R
- 7 a8 Rock R to side – recover on L – close R beside L

*Restart here on wall 4

[17-24] CROSS & SIDE TOUCH , CROSS SAMBA

- 1 – 2 L cross touch – L side touch (4.30)
- 3 a4 Cross L over R – rock R to side – recover on L (1.30)
- 5 – 6 R cross touch – R side touch
- 7 a8 Cross R over L – rock L to side – recover on R (3.00)

[25-32] SAMBA WEAVE , CROSS SAMBA, SAMBA ½ TURN

- 1 a2 Cross L over R – R to side – L behind R
- a3 a4 R to side – R over L – rock R to side – recover on L
- 5 a6 Cross R over L – rock L to side – recover on R
- 7 a8 Step L fwd – rock R fwd – turn ½ left recover on L ... (9.00)

*Restarts happen on
Wall 4 (after 16 counts)
Wall 7 (after 8 counts)

Enjoy the dance!!

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