Don't Need No Man



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Linda Scott (USA) - February 2019

Musique: Don't Need No Man - DeMetri Moon



Intro: 16 counts - No Tags Or Restarts

STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

1,2 Step forward on RF, Lock LF behind RF

3&4 Shuffle forward RLR

5,6 Step forward on LF, Lock RF behind LF

7&8 Shuffle forward LRL

1/4 JAZZ CROSS, RIGHT WEAVE

1,2 Cross RF over LF, Step back on LF turning 1/4 to right (3:00)

3,4 Step RF next to left, Cross LF over RF

5,6,7,8 Step RF, to side, Step LF behind RF, Step RF to side, Cross LF over RF

SIDE ROCK, ¼ SAILOR STEP, ROCK, RECOR, ¾ TURN TO LEFT

1,2 Rock RF to side, Recover on LF

5,6 Rock LF forward, Recover on RF

7,8 Step ½ turning left on LF (12), Stepping forward ¼ on Rf (9:00)

BEHIND, SIDE-HEEL & CROSS R, STEP LEFT, BEHIND, SIDE-HEEL, STEP BACK ON RF, STEP FORWARD ON LEFT, SCUFF RF

1&2 Cross LF behind RF, RF step to right, left heel diagonally at the front (heel jack)

&3,4 LF next to RF, cross RF in front of LF, Step LF to side

5&6 Cross right behind LF, LF Step to the left, touch the R heel diagonally at the front (heel jack

&7,8 Step back on RF, Step forward on LF, Scuff RF forward

Repeat and Enjoy!

Last Update - 28 March 2019