

# La Vida Es Bella

**Compte:** 30

**Mur:** 4

**Niveau:** Beginner - Slow Foxtrot



**Chorégraphe:** Clara Ayats (FR) - March 2019

**Musique:** 'La vita è bella' by Nicola Piovani (from the movie's soundtrack Life is Beautiful)  
(65 bpm) – Non country

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**Re-start on the 3rd wall after count 20**

**[1-8]: R Rumba box, upper body sway to R and L, Chasse to R**

1&2 RF step side R, LF step together, RF step fwd  
3&4 LF step side L, RF step together, LF step back  
5-6 RF step side R and sway upper body to R, change weight to L with sway upper body to L  
7&8 RF step side R, LF close feet change weight, RF step side R

**[9-16]: ¼ turn L Coaster Step, Chasse fwd, Spot turn to R close feet step fwd, Spot turn to L close feet 2 walk fwd**

1&2 LF cross behind RF, ¼ turn L RF step together, LF step fwd  
3&4 RF step fwd, LF lock behind RF, RF step fwd  
5&6 LF step fwd, ½ turn R RF close to LF, LF step fwd  
7&8& RF step fwd, ½ turn L LF close to RF, RF walk fwd, LF walk fwd

**[17-24]: Upper body sway to R and L x2, Chasse diagonal to L, Hitch, Wave to R**

1-2 RF step side R and sway upper body to R, change weight to L with sway upper body to L  
3-4 Change weight to R with sway upper body to R, change weight to L with sway upper body to L  
5&6& RF step diagonally L over LF, LF lock behind RF, RF step diagonally L fwd, L knee makes a hitch while changing movement direction to R (still facing 9:00)  
7&8& LF cross over RF, RF step side R, LF cross behind RF, RF step side R

**[25-30]: ½ Step turn R x2, Jazz box, fwd Hook R**

1-2 LF step fwd, ½ turn R RF step fwd  
3-4 LF step fwd, ½ turn R RF step fwd  
5&6& LF cross over RF, RF step back, LF step L, R leg makes a hook over L leg

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