Summer and Sun

Niveau: Improver

Chorégraphe: Tine Hildisch (NOR) - March 2019 Musique: Ankerpils by Pianomannen Glenn

Start dance after intro 32 counts (Music Available on iTunes)

Compte: 32

Alt. Music: All I Want To Do Is Make Love To You by Heart. En solskinnsdag by Postgirobygget.

SIDE ROCK - BEHIND - SIDE - CROSS- WALK - WALK-ANCHOR STEP

- 1-2 Step RF out to right – recover on to left (You can to a heel grind for stayling)
- 3&4 Step RF behind left – step LF left – step RF over left
- 5-6 Step LF forward- step RF forvard
- 7&8 step back on LF - recover to RF- recover on to LF

SWEEP BACK X2 - SAILOR 1/2 TURN- WALK-WALK- SHUFFLE FORWARD

- 1-2 Step back on RF – sweep LF from front to back – step LF –sweep RF from Front to back
- 3&4 Step RF back while turning 1/2 rigth -step LF next to RF- step RF forward
- 5-6 Step LF forward – step RF forward
- 7&8 Step LF forwar - step RF together - Step LF forward

ROCK STEP-SHUFFLE ½ TURN-ROCK STEP SHUFFLE ¾ turn

- Step forward on RF recover on to LF 1-2
- 3&4 Step on to RF while you turn ¼ Rigth -step LF next to RF – step RF while you Turn ¼ right
- 5-6 Step LF forward - recover on to RF
- Step on to LF while you turn 1/2 left step RF next to LF- step on to LF while Turn 1/2 left 7&8

SIDE ROCK – BEHIND-SIDE-CROSS-POINT & POINT & HEEL & TOUCH

- 1-2 Step RF to rigth - recover to LF
- 3&4 Step RF behind LF – step LF to side – cross RF over LF
- point LF to side step LF next to RF point RF to side step RF next to LF 5&6&
- Touch left heel forward -step LF next to RF Touch RF next to LF 7&8





Mur: 4