

Stand By Me

Compte: 96

Mur: 1

Niveau: Phrased Easy Intermediate

Chorégraphe: Gladys Fung (HK), Goretti Lau (HK), Linda Tse (HK) & Loretta Lau (HK) - January 2019

Musique: Stand By Me - Ben E. King : (iTunes)



This dance is dedicated to our beloved teacher, Jane Wong, who is reaching her 20th anniversary of teaching career. We would like to thank her for bringing us joy and positive energy and standing by us always.

Intro: 32 counts - Sequence: AA*B AA*B CC BB (Dance up till music fades out)

A (1-32): Toe Struts x4, Sway x2, Side Rock, ¼ Turn L, R forward, pivot ½ L, Jazz Box x 2

1-8 Turn body ¼ L tapping RF to side (1), step RF in place snapping fingers (2), cross tap LF over RF (3), step LF in place snapping fingers (4), Tap RF to side (5), step RF in place snapping fingers (6), cross tap LF over RF (7), step LF in place snapping fingers (8) (9:00)

1-4 Step RF to right side swaying hips to right (1, 2), sway hips to L (3, 4)

5-8 Side rock to R (5), turn ¼ L stepping LF forward (6) step RF forward (7), pivot ½ turn L (8) (12:00)

1-8 Step RF forward over LF (1), point LF to L side and clap hands (2), Step LF forward over RF (3), point RF to R side and clap hands (4), Step RF back (5), point LF to L side and clap hands (6), Step LF back (7), point RF to R side and clap hands (8)

1-8 Cross RF over LF (1), step LF back (2), step RF to R side (3), step LF forward (4)

Repeat these steps one more time (5-8) for 1st and 3rd A

* For 2nd and 4th A, change the last 4 counts (counts 5 to 8) to sway right, sway left, sway right, sway left with both hands on heart (hitting the lyrics "Oh darling, darling")

B (1-32): Side Toe Struts / snap fingers x4, Step Back Kick Walk Walk x2, Step Diagonal Together Step Diagonal Brush x2, Step Forward Touch, Step Back Touch x2, Step Forward Touch

1-8 Tap R to R side raising hands up on right side (1), step RF in place snapping fingers (2), cross tap LF over RF lowering body & putting hands down on left side (3), step LF in place snapping fingers (4); repeat these steps for counts 5 to 8

1-4 Step RF slightly back turning body to L diagonal (1), kick LF to L diagonal (2), step LF in place (3), step RF forward (4)

5-8 Step LF slightly back turning body to R diagonal (5), kick RF to R diagonal (6), step RF in place (7), step LF forward (8)

1-4 Step RF to R diagonal (1), step LF next to RF (2), step RF to R diagonal (3), brush LF next to RF (4)

5-8 Step LF to L diagonal (5), step RF next to LF (6), step LF to L diagonal (7), brush RF next to LF (8)

1-8 Step RF forward (1), touching LF next to RF & snap fingers (2), step LF back (3), touching RF next to LF & snap fingers (4), Step RF back (5), touching LF next to RF & snap fingers (6), step LF forward (7), touching RF next to LF & snap fingers (8)

C (1-32): Rolling vine x2, Large Side Step with hand motion (Butterfly) Back Rock x2, Walk Walk Walk Forward Hitch, Back Walk Walk Walk Hitch, Paddle x4

1-4 Turn ¼ R stepping RF forward (1), turn ½ R stepping LF back (2), turn ¼ R stepping RF to R side (3), tap LF to L side clapping hands (4)

5-8 Turn ¼ L stepping LF forward (5), turn ½ L stepping RF back (6), turn ¼ L stepping LF to L side (7), tap RF to R side clapping hands (8)

- 1-4 Large step RF to R crossing hands in front of chest & extending R arm diagonally towards ceiling & L arm diagonally towards floor (1, 2), LF rock back (release hands) (3), recover weight on RF (4)
- 5-8 Large step LF to L crossing hands in front of chest & extending L arm towards ceiling & R arm towards floor (5, 6), RF rock back (release hands) (7), recover weight on LF (8)
- 1-8 Walk forward RLR (1-3), hitch LF (4), walk back LRL (5-7), hitch RF (8)
- 1-8 Step RF forward (1), turn $\frac{1}{4}$ L rolling hips anti-clockwise (2), step RF forward (3), turn $\frac{1}{4}$ L rolling hips anti-clockwise (4), step RF forward (5), turn $\frac{1}{4}$ L rolling hips anti-clockwise (6), step RF forward (7), turn $\frac{1}{4}$ L rolling hips anti-clockwise (8) (12:00)
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