

# Sleepwalk

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Diana Bishop (AUS) - March 2019

**Musique:** Sleepwalk - The Shires



---

## **FWD SHUFFLE , FWD, ARM SWAYS FWD & BACK**

1&2.3.4 Step R Fwd, Step L Next To R, Step R Fwd, Step L Fwd & Do The Below On Beats 3, 4,  
**Arms Movements; Bring Arms From Sides, Push Arms Fwd, Over Head As You Lean Fwd Touch Fingers  
Tog-, Spread Arms To Sides Place Hands To Sides Palms Up, Recover Weight On R**

## **BACK SHUFFLE, BACK, FWD, SPREAD ARMS TO SIDES ON STEP BACK, turn head L**

5&6.7.8 Step L Back, Bring R Next To L, Step L Back, Step R Back, Spread Arms Out To Sides Lean  
Back Spread Fingers Out Palms Facing Up, Turn Head To L Side, Little Kick With L Fwd,  
Recover Weight Fwd Onto L, (To Start ½ Shuffle Turn L)

## **½ SHUFFLE TURN L, BACK, FWD,**

1&2.3.4 ½ Turning Shuffle To L On R,L,R, Step L Back, Step R Fwd (Slow Shuffle Turns)

## **½ SHUFFLE TURN R, BACK, FWD,**

5&6.7.8 1/2 Turning Shuffle To R On L,R,L, Step R Back, Step L Fwd (Slow Shuffle Turns)

## **MAMBO FWD, HOLD, MAMBO BACK, HOLD**

1&2.3&4 Step R Fwd, Step L In Place, Step R Next To L, Hold, Step L Back, Step R In Place, Step L  
Next To R, Hold

## **1/2 PIVOT TURN L, L SHUFFLE FWD,**

5&6.7&8 Step R Fwd, Turn Body ½ To L, Step L In Place Step, Step R Fwd. Shuffle Fwd On L,R,L

## **MOVING FWD UP THE FLOOR, SIDE, STEP FWD, CROSS, SIDE, FWD, CROSS**

1&2.3&4 Moving Fwd Up The Floor, Step R To R, To R, Step L Fwd (Moving Fwd) Step R Across L  
(Moving Fwd) Step L To L, To L, Step R Fwd (Moving Fwd) Step L Across R (Moving Fwd)

## **MOVING FWD UP THE FLOOR, SIDE, STEP FWD, CROSS, SIDE, FWD, CROSS**

5&6.7&8 Moving Fwd Up The Floor, Step R To R, To R, Step L Fwd (Moving Fwd) Step R Across L  
(Moving Fwd) Step L To L, To L, Step R Fwd (Moving Fwd) Step L Across R (Moving Fwd)

## **START AGAIN**

---