

# This Feeling

**Compte:** 32

**Mur:** 2

**Niveau:** Intermediate



**Chorégraphe:** Steve Carlson (USA) - February 2019

**Musique:** This Feeling (feat. Kelsea Ballerini) - The Chainsmokers

This dance is fun, yet deceptively tricky with triple step motions to the corners of the room and step tempo changes.

**[1st 8 count] Right walk back, Cha Cha reverse, Left walk back, Cha Cha reverse**

- 1,2, Step right foot back to oblique back right corner; step back left foot next to right
- 3&4 Step right back, Step left foot behind, Step Right foot back ( Reverse Cha Cha )
- 5,6, Step back left foot back to oblique back left corner; step back right foot next to left
- 7&8 Step left back, step right foot behind, step left foot back ( Reverse Cha Cha )

**[2nd 8 Count, 9-16 ] Right shuffle forward, Left shuffle half turn, right shuffle backwards, Left Rock back and recover on right foot**

- 1&2 Right shuffle forward to right oblique corner ( Right , Left , Right )
- 3&4 Step left foot forward, step right foot next to left, step left behind right (Left shuffle half turn )
- 5&6 Right step behind, Left step behind, Right step behind
- 7, 8 Left Rock back and recover weight on right foot

**(2nd 8 count ends facing oblique left corner between 7&8 o'clock from home starting wall )**

**[3rd 8 Count, 17-24 ] Left forward turning shuffle, Right forward turning shuffle ( Full turn 1-4)Left Rock recover right, Left Coaster step to face back wall**

- 1 & 2 Left forward shuffle (start natural full turn),
- 3 & 4 Right forward shuffle ( R, L, R )
- 5 , 6 Left Rock forward (crossing Left foot over right foot), recover back on right foot
- 7 & 8 Left foot forward, recover back on right, & left foot forward to face back wall (Left Coaster Step )

**[4th 8 Count, 25-32 ] Right Shuffle, Left Sailor Step, Left out, Right behind, Triple Step unwind**

- 1, & 2 Right foot out to right, left foot next to right, right foot out to right side
- 3, 4 Left sailor step behind right and recover weight onto right foot
- 5, 6 Left foot step out( to point before sailor step) , Right step behind left( 5th position )
- 7 & 8 Left foot out to left, Right foot cross over left, Left foot out squaring up to back wall

**No Tags, Enjoy and please email me your comments to: [cowboystevelinedance@gmail.com](mailto:cowboystevelinedance@gmail.com)**

**I hope you enjoy this dance and song as much as I do. Thank You for your feedback!**