

# A Happy Life!

**COPPERKNOB**  
BYEPOSTETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Keriann Marshall (USA) & Jeanne Chamas (USA) - January 2019

**Musique:** A Long and Happy Life - Delta Rae



**Intro: Begin on lyrics**

## **SKATE R-L, SHUFFLE FWD, SKATE LR SHUFFLE ¼ TURN**

- 1-2 Skate R, Skate L
- 3&4 Shuffle at diagonal to right (R L R)
- 5-6 Skate L, Skate R
- 7&8 Shuffle ¼ turn to left (L R L) (9:00)

## **FWD ROCK RECOVER R COASTER STEP ½ PIVOT SHUFFLE FWD**

- 1-2 Rock fwd on R, Recover back on L
- 3&4 Step R back, step L next to R, step R forward
- 5-6 Step forward L ½ pivot (3:00)
- 7&8 Shuffle forward left (L R L)

## **SIDE ROCK L RECOVER R, BEHIND SIDE CROSS 2X (R & L)**

- 1-2 Side rock R to R side, recover L
- 3&4 Cross R behind L, step L to L side , cross R over L
- 5-6 Side rock L to L side, recover R
- 7&8 Cross L behind R, step R to R side, cross L over R

## **KICK BALL CHANGE 2x, ½ PIVOT STOMP STOMP**

- 1&2 Kick R forward, Step R next to L, Step L next to R
- 3&4 Kick R forward, Step R next to L, Step L next to R
- 5-6 Step forward R ½ pivot (3:00)
- 7-8 Stomp R, Stomp L

**REPEAT**

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