

Music To My Soul

Compte: 48

Mur: 4

Niveau: High Beginner

Chorégraphe: Sally Hung (TW) & Jennifer Jou (TW) - December 2018

Musique: Music To My Soul - CeeLo Green



Sequence of dance: Restart after finishing S4 of Wall 2, facing 3:00

Intro: 16 counts

S1. HEEL, TOGETHER, HEEL, TOGETHER, POINT X3, COASTER CROSS, ¼ R COASTER STEP

- 1&2& Touch R heel fwd, step R together, touch L heel fwd, step L together
3&4 Touch R to R side, touch R beside L, touch R to R side
5&6 Step R behind L, step L beside R, cross R over L
7&8 ¼ R stepping back on L, step R together, step L fwd

S2. HIP BUMPS, ¼ L HIP BUMPS, BACK SHUFFLE, COASTER STEP

- 1&2 Step(or touch) R fwd with hip bumping R-L-R
3&4 ¼ turn L stepping(or touching) L side with hip bumping L-R-L
5&6 Back shuffle on RLR
7&8 Step back on L, step R together, step L fwd

S3. KICK, BALL, SIDE ROCK, RECOVER, KICK, BALL, SIDE ROCK, RECOVER, BACK, BACK, COASTER STEP

- 1&2& Kick R fwd, replace R to center, rock L to L side, recover onto R
3&4& Kick L fwd, replace L to center, rock R to R side, recover onto L
5,6,7&8 Walk back on R-L, step back on R, step L together, step R fwd

S4. TOE, HEEL, STOMP, TOE, HEEL, STOMP, BACK, BACK, COASTER STEP

- 1&2 Tap L toe fwd, tap L heel in place, stomp L fwd
3&4 Tap R toe fwd, tap R heel in place, stomp R fwd
5,6,7&8 Walk back on L-R, step back on L, step R together, step L fwd

S5. SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER, ¼ L SAILOR, PADDLE TURN ¼ L (x2), HITCH

- 12&34 Rock R to R side, recover onto L, step R together, rock L to L side, recover onto R
5&6 ¼ turn L stepping back on L, step R to R side, step L fwd
7&8 Make ¼ turn L point R to R, make ¼ turn L point R to R, hitch R

S6. SIDE ROCK, RECOVER, COASTER CROSS, SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER

- 1,2,3&4 Rock R to R side, recover onto L, step back on R, step L together, cross R over L
5&6&7&8 Rock L to L side, recover onto R, step L together, rock R to R side, recover onto L

Happy dancing!!

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