

# Be My Sweet Delight

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Glynn Rodgers (UK) - November 2018

Musique: Sweet Delight - Dan Albro



**Phrasing: No Tags Or Restarts!**

**Note - I have written an easier version of this dance called "Be My Sweet Delight AB" which is suitable for absolute beginners.**

**Try teaching the AB version, and gradually add in the Mambos, Coasters and Pivots at their speed!**

## **[1-8] GRAPEVINE RIGHT, SIDE MAMBOS LEFT & RIGHT.**

- 1-2 Step right to right side, cross left behind right.
- 3-4 Step right to right side, touch left beside right.
- 5&6 Rock left to left side, recover weight on to right, close left to right.
- 7&8 Rock right to right side, recover weight on to left, close right to left.

## **[9-16] GRAPEVINE LEFT, SIDE MAMBOS RIGHT & LEFT.**

- 1-2 Step left to left side, cross right behind left.
- 3-4 Step left to left side, touch right beside left.
- 5&6 Rock right to right side, recover weight on to left, close right to left.
- 7&8 Rock left to left side, recover weight on to right, close left to right.

## **[17-24] GRAPEVINE ¼ TURN RIGHT, KICK, WALK BACK, COASTER STEP.**

- 1-2 Step right to right side, cross left behind right.
- 3-4 Turn ¼ right stepping forward right, kick left foot forward.
- 5-6 Walk back left-right.
- 7&8 Step back left, close right to left, step forward left.

## **[25-32] STEP, KICK, COASTER STEP, PIVOT ½ TURN X2.**

- 1-2 Step forward right, kick left foot forward.
  - 3&4 Step back left, close right to left, step forward left.
  - 5-6 Step forward right, pivot ½ turn left.
  - 7-8 Step forward right, pivot ½ turn left.
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