Run Free

Compte: 32

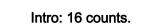
Niveau: Improver

Chorégraphe: Frank Heelan (IRE) - October 2018

Musique: The Animal Song - Savage Garden

c. 1: Walk, walk, shuffle, pivot ½ , cross, side rock, recover.	
2	Walk forward, right, left.
k4	Forward right, left together, forward right.
6	Step forward on left, pivot ½ right (Weight to right)
8	Cross left over right, rock right to right side, recover to left. (6.00)
ec. 2: Cross side sailor step, cross side sailor step.	
2	Cross right over left, step left to left.
k 4	Rock right behind, recover to left, right to right.
6	Cross left over right, step right to right.
.8	Rock left behind, recover to right, left to left.
ec. 3: Rock recover, triple full turn, rock recover coaster step.	
2	Rock forward right recover to left.
4	Full triple turn right, stepping right, left, right.
6	Rock forward on left, recover to right.
8	Step back left, right together, forward right. (6.00)
ec. 4: Walk, walk, side rock recover step, rock recover, triple ¾ left.	
2	Walk forward right, left.
k4	Rock right to right, recover to left, step forward right.
6	Rock forward left, recover right.
.8	Triple ¾ turn left, stepping left, right, left (9.00)
estart wall 3 dance the first 16 counts and restart facing 12.00.	

Contact: heelanjohnl@gmail.com



Sec. 1: Walk, walk, shuffle, pivot 1/2, cross. side rock. recover

- 1-2
- 3&4
- 5-6
- 7&8

- Sec
- 1-2
- 3&4
- 5-6
- 7&8

Sec

- 1-2
- 3&4
- 5-6
- 7&8

Sec

- 1-2
- 3&4
- 5-6
- 7&8

Res





Mur: 4