

She-I-O

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Guylaine Bourdages (CAN) - October 2018

Musique: She-I-O - Maggie Rose : (Album: - Single)



Intro: 16 counts

[1-8] RF Stomp, Hook, Stomp, Hitch, Triple Step Forward, Paddle Turn with Left Heel (1/4 + 1/4), LF Sailor Step

1&2& Stomp RF forward (1), Hook RF in front of LF (&), Stomp RF forward (2), Hitch left knee (&)
3&4 RF forward (3), LF close of RF (&), RF Forward (4)
5&6& 1/4L LF heel forward (5), RF close of LF (&), 1/4L LF heel forward (6), RF close of LF (&)
7&8 LF cross behind RF (7), RF to right (&), LF slightly to left (8). (6H)

[9-16] RF Sailor Step 1/4R, LF Sailor 1/2L, Paddle Turn Full Turn R (Cross & Cross & Cross & Touch)

1&2 RF cross behind LF (1), LF to left (&), RF slightly right 1/4R (2) (9H)
3&4 PGLF cross behind RF (3), RF to right (&), LF slightly to left (4) (3H)
5&6&7&8 RF cross in front of LF (5), Ball of LF close of RF (&) (Repeat 3 times by doing a full turn to right (6&7&), Finish RF touch beside LF (8))

[17-24] Kick RF Forward & (LF) Ball Change Back, Kick LF Forward & Point RF to right, Cross RF, Rock Step LF to Left, Cross LF, Rock Step RF to Right

1&2& Kick RF Forward (1), RF beside LF (&), Ball of LF back (2), Recover on RF (&)
3&4 Kick LF forward (3), LF beside RF (&), Point RF to right (4)
5&6 RF cross in front of LF (5), Rock Step LF to left (&6)
7&8 LF cross in front of RF (7), Rock Step RF to right (&8)

[25-32] RF Touch beside LF & Heel Dig LF Forward, LF beside RF, Kick RF forward, RF beside LF, Kick LF Forward, LF beside RF & RF Touch beside LF & Heel Dig LF Forward, LF beside RF, RF Kick Ball Step

1&2& Touch RF close of LF (1), RF slightly back (&), Left heel forward (2), LF beside RF (&)
3&4& Kick RF forward (3), RF beside LF (&), Kick LF forward (4), LF beside RF (&)
5&6& Touch RF close of LF (5), RF slightly back (&), Left heel forward (6), LF beside RF (&)
7&8 Kick RF forward (7), Ball of RF slightly back (&), Recover on LF (8)

WALL 1 (12H) at the end of wall 1, repeat the last 4 counts

WALL 4 (9H) RESTART after 16 counts you will then be facing 12H

WALL 6 (3H) RESTART after 8 counts you will then be facing 9H

THANK YOU to dance my choreographies and to add them to your playlists ..

That's the best gift that a choreographer can receive from you.

With GRATITUDE Guylaine xx

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