

# Swingin' Walk

Compte: 64

Mur: 4

Niveau: Beginner / Improver

Chorégraphe: Franz KOELSCH - October 2018

Musique: Pride & Joy - Scooter Lee



Intro: 32 counts / start on vocal

Choreo: Repeat 2 Rounds (64 Counts)

\*3rd Round up to Rolling Rocks turning (32 Counts)

Restart and Repeat 4 Rounds (64 Counts)

## Walks and Hands

- 1-2 walk forward rF, walk forward lF, push hands up right, left
- 3-4 walk forward rF, walk forward lF, push hands up right, left
- 5-6 walk back rF, walk back lF, push hands down right, left
- 7-8 walk back rF, walk back lF, push hands down right, left

## Swivel Steps and Hands, alternative Jazz Box with a Hop

- 1 swivel rF to side, push hands up diag. right
- 2 swivel lF to side, push hands down diag. left
- 3 swivel rF to side, push hands down diag. right
- 4 swivel lF to side, push hands up diag. left
- 5 step rF to side
- 6 step lF crossing in Front of rF
- 7& step rF back, Hop on rF
- 8 step lF to side

## Rolling Rocks turning

- 1-2 Rock rF/lF to side, ¼ Turn to left
- 3-4 Rock rF/lF to side, ¼ Turn to left
- 5-6 Rock rF/lF to side, ¼ Turn to left
- 7&8 Chassee to side rF/lF/rF, turning ¼ to left
  
- 1-2 Rock lF/rF to side, ¼ Turn to right
- 3-4 Rock lF/rF to side, ¼ Turn to right
- 5-6 Rock lFf/rF to side, ¼ Turn to right
- 7&8 Chassee to side lF/rF/lF, turning 1/4 to right

## Step and Clap

- 1 Step rF forward
- 2-3 Clap 2 Times
- 4 Step lF forward
- 5-6 Clap 2 Times
- 7 Step rF forward
- 8 Clap 1 Times

## Jump back and Clap, Run Back and Clap

- &1 Jump back lF/rF
- 2 Clap 1 Times
- &3 Jump back lF/rF
- 4 Clap 1 Times
- 5&a6&a7 Seven "running" Steps on the Ball of the Feet, Knees slightly bent - moving back, start and ending on lF

8 Clap 1 Times

**Step and Clap**

1 Step rF forward

2-3 Clap 2 Times

4 Step lF forward

5-6 Clap 2 Times

7 Step rF forward

8 Clap 1 Times

**Jump back and Clap, Run back and Clap**

&1 Jump back lF/rF

2 Clap 1 Times

&3 Jump back lF/rF

4 Clap 1 Times

5&a6&a7 Seven "running" Steps on the Ball of the Feet, Knees slightly bended moving back, turning  $\frac{1}{4}$  to right, start and ending on lF

8 Clap Once

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