

# It's 3 am AGAIN...

Compte: 48

Mur: 4

Niveau: Beginner

Chorégraphe: Val Saari (CAN) - October 2018

Musique: 3 AM - Meghan Trainor



## **S:1 SIDE TOE-STRUTS R, SCISSOR STEP, SIDE TOE-STRUTS L, SCISSOR STEP**

- 1&2& Touch RF toes to right side, Step RF heel down, Touch LF toes beside RF, Step LF heel down
- 3&4 Rock RF right, Recover LF, Cross RF over L, hold
- 5&6& Touch LF toes to left side, Step LF heel down, Touch RF toes beside LF, Step RF heel down
- 7&8 Rock LF left, Recover RF, Cross LF over R, hold

## **S:2 SHUFFLE FWD, RLR, LRL, RF PIVOT 1/4 L X 2**

- 1&2 Step RF forward, Step LF beside R, Step RF forward
- 3&4 Step LF forward, Step RF beside L, Step LF Forward
- 5-6 Step RF forward, Pivot 1/4 L (weight on LF)
- 7-8 Step RF forward, Pivot 1/4 L (weight on LF)

## **S:3 WALK FORWARD, MAMBO RIGHT, WALK BACK, MAMBO LEFT**

- 1-2 Walk forward, RF, LF
- 3&4 Rock to right side on RF, Recover LF, Step RF beside L
- 5-6 Walk back, LF, RF
- 7&8 Rock to left side on LF, Recover RF, Step LF beside R

## **S:4 SCISSORS FORWARD X 2, STEP-PIVOT 1/2 L, KICK BALL CHANGE**

- 1&2 RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
- 3&4 LF Step L, RF Recover, LF crosses RF and Hold (push and cross)
- 5-6 Step RF forward, Pivot 1/2 turn left (weight on left)
- 7&8 Kick RF forward, Step RF together, Step LF together

## **S:5 VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS**

- 1-2 Step RF to right side, Step LF behind R
- 3&4 Rock RF to right side, Recover LF, Cross RF over left
- 5-6 Step LF to left side, Step RF behind L
- 7&8 Rock LF to left side, Recover RF, Cross LF over right

## **S:6 LINDY RIGHT PIVOT 1/4 L, LINDY LEFT**

- 1&2 Shuffle right, RLR
- 3-4 Rock back on LF pivot 1/4 L, Recover on RF
- 5&6 Shuffle left, LRL
- 7-8 Rock back on RF, Recover on LF

**REPEAT - No Tags, No Restarts**

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