

# ROMPE Cintura MERENGUE

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 144

**Mur:** 4

**Niveau:** Phrased Improver

**Chorégraphe:** Val Saari (CAN) - October 2018

**Musique:** Rompe Cintura - Los Hermanos Rosario



**PHRASED SEQUENCE: AA B CC AA C B AA B**

## **PART A: 64 Counts**

**S:A1 SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH**

1-4 Step RF right, Step LF together, Step RF right, Touch LF beside R

5-8 Step LF left, Step RF together, Step LF left, Touch RF beside L

**S:A2 REPEAT S:1 SIDE TOGETHER SIDE TOUCHES, RL**

**S:A3 RF CROSS ROCK, STEP R,L X 2**

1-4 Cross-rock RF over L, LF recover, Step RF beside L, Step LF in place

5-8 Cross-rock RF over L, LF recover, Step RF beside L, Step LF in place

**S:A4 REPEAT S:3 RF CROSS ROCK, STEP R,L X 2**

**S:A5 STEP PIVOT 1/4 x 4**

1-8 Step fwd on R Pivot 1/4 left, Step on LF

**Repeat this pivot turn x 3**

**S:A6 ROCKING CHAIR X 2**

1-4 Rock RF forward, Recover LF, Rock RF back, Recover LF

5-8 Rock RF forward, Recover LF, Rock RF back, Recover LF

**S:A7 REPEAT S:A5 STEP PIVOT 1/4 x 4**

**S:A8 REPEAT S:A6 ROCKING CHAIR X 2**

## **PART B: 48 Counts**

**S:B1 HEEL BOUNCES X 8 (RRRR,LLLL)**

1-4 With feet apart, Bounce on RF heel four times

5-8 Bounce on LF heel four times

**S:B2 REPEAT S:1 (HEEL BOUNCES)**

**S:B3 HEEL SWITCHES X 4 (R,L,R,L)**

1-4 Touch R Heel forward on floor, Step RF beside L, Touch L Heel forward on floor, Step LF beside R

5-8 Touch R Heel forward on floor, Step RF beside L, Touch L Heel forward on floor, Step LF beside R

**S:B4 TRAVELLING SWIVELS WITH DOUBLE CLAP, RIGHT, LEFT**

1-4 Swivel both heels to right, both toes to right, both heels to right, Clap Twice (&4)

5-8 Swivel both heels to left, both toes to left, both heels to left, Clap Twice (&4)

**S:B5 REPEAT S:3**

**S:B6 REPEAT S:1**

## **PART C: 32**

**S:C1 WALK FORWARD (R,L,R) POINT L, WALK BACK (L,R,L) POINT R**

1-4 Walk forward, RLR, Point LF side left  
5-8 Step back, LRL, Point RF side right

**S:C2 REPEAT S:1 WALK FORWARD (R,L,R) POINT L, WALK BACK (L,R,L) POINT R**

**S:C3 RAMBLES FORWARD X 4**

1-4 R step forward, L point to left side, L step forward, R point to right side  
5-8 R step forward, L point to left side, L step forward, R point to right side

**S:C4 RF ROCKING CHAIR, RF PIVOT 1/4 R ROCKING CHAIR**

1-4 Rock RF forward, Recover Left, Rock RF back, Recover Left  
5-8 Rock RF forward pivot 1/4 R, Recover Left, Rock RF back, Recover Left

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