

Latinos Manes

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Francien Sittrop (NL) - October 2018

Musique: Rumba - Belle Perez



Intro : Start after 16 counts

[1 – 8] Samba Step, Heel swivels, Rock, Recover, Shuffle ½ L

- 1 & 2 Step R fwd, Rock L to L side, Recover on R
- 3 & 4 Step L fwd, Swivel heel out and In (Weight ends on R)
- 5 – 6 Rock L fwd, Recover on R
- 7 & 8 ¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd

[9-16] Step fwd, ¼ Turn L, Crossing Shuffle, Side rock, Recover, Behind , Side, Cross

- 1 – 2 Step R fwd, ¼ Turn L
- 3 & 4 Step R across L, Step L to Lside, Step R across L
- 5 – 6 Rock L to L side, Recover on R
- 7 & 8 Step L behind R, Step R to R side, Step L across R

[17-24] Monterey ½ Turn R, Step Side, Knee Pops, Together, Side , together, Shuffle fwd

- 1 – 2 Touch R to R side, ½ Turn R step R next to L
- 3 & 4 Step L to L side, Pop both heels and down. (&4)
- &5-6 Step L next to R, Step R to R side, Step L next to R
- 7 & 8 Step R fwd, Step L next to R , Step R fwd

[25-32] Side, Together, Coaster Step. Touch fwd, ½ L with Flick, Prissy walks fwd

- 1 – 2 Step L to L side, Step R next to L
- 3 & 4 Step L back, Step R next to L, Step L fwd
- 5 - 6 Touch R fwd, On ball of L, ½ Turn L and Flick R back
- 7 & 8 Step R across L, Step L across R

Start again

Tag after wall 8 :

[1 – 4] Rocking Chair

- 1 – 4 Rock R fwd, Recover on L, Rock R back, Recover on L

Start again with count 1

Website : www.franciensittrop.nl