

Mixed Emotions

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Debra McSwain - September 2018

Musique: Mixed Emotions - Lesa Hudson : (CD: Life in the Key of Lesa)



#16 count intro – No tags, No Restarts

Sec 1: BOOGIE WALK BACK, KICK BALL CHANGE, X2

- 1-4 Walk back with style right, left, right, left
- 5&6 Kick right forward, step right, step left together
- 7&8 Kick right forward, step right, step left together (12:00)

Sec. 2: GRAPEVINE RIGHT WITH KICK, GRAPEVINE LEFT WITH TOUCH

- 1-4 Step right to right side, left behind right, right to right side, kick left forward
- 5-8 Step left to left side, right behind left, left to side, touch right beside left (12:00)

Sec. 3: HIP BUMPS FORWARD

- 1&2 Step forward on right as you bump right-left-right
- 3&4 Step forward on left as you bump left-right-left
- 5&6 Step forward on right as by bump right-left-right
- 7&8 Step forward on left as you bump left-right-left (12:00)

Sec. 4: JAZZ BOX, CROSS, UNWIND WITH 3 PIVOT HEEL BOUNCES FOR ½ TURN

- 1-4 Step right across left, step left back, step right beside left, step left together
- 5 Cross right foot across left
- 6-7-8 3 pivot heel bounces to unwind making ½ turn, weight on left (6:00)

Start again

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