

# Relapse

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Linda Pink (AUS) - October 2018

Musique: Relapse - Jessica Meuse : (Album: Halfhearted)



Introduction: 16 Counts - Min 4:31

## EXTENDED VINE RIGHT, SIDE SHUFFLE, BACK, ROCK

- 1,2 Step R to the side, Step L behind R
- 3,4 Step R to the side, Step L across R
- 5&6 Side Shuffle Right: R,L,R
- 7,8 Step L behind R, Rock weight forward onto R 12

## EXTENDED VINE LEFT, SIDE SHUFFLE, BACK, ROCK

- 1,2 Step L to the side, Step R behind L
- 3,4 Step L to the side, Step R across L
- 5&6 Side Shuffle Left: L,R,L
- 7,8 # Step R behind L, Rock weight forward onto L 12

## SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER STEP FORWARD, TOUCH

- 1,2 Step R to the side, Touch L next to R
- 3,4 Step L to the side, Touch R next to L
- 5,6 Step R to the side, Step L next to R
- 7,8 Step R forward, Touch L next to R 12

## SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, STEP FORWARD, TOUCH

- 1,2 Step L to the side, Touch R next to L
- 3,4 Step R to the side, Touch L next to R
- 5,6 Step L to the side, Step R next to L
- 7,8 Step L forward, Touch R next to L 12

## PADDLE TURN, PADDLE TURN, JAZZ BOX

- 1,2 Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 9
- 3,4 Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 6
- 5,6 Jazz Box: Step R across in front of L, Step L back
- 7,8 Step R to the side, Step L forward

## K STEP

- 1,2 Step R fwd at 45 deg Right, Touch L next to R
- 3,4 Step L back to the Centre, Touch R next to L
- 5,6 Step R back at 45 deg Right, Touch L next to R
- 7,8 Step L fwd to the Centre, Touch R next to L

## PADDLE TURN, PIVOT TURN, TOE STRUT, TOE STRUT

- 1,2 Paddle Turn: Step R forward, Turn  $\frac{1}{4}$  Left take weight onto L 3
- 3,4 Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L 9
- 5,6 Toe Strut: Step R toe forward, Drop R heel
- 7,8 Toe Strut: Step L toe forward, Drop L heel

## PIVOT TURN X 2, (ALT ROCKING CHAIR), HIP BUMPS X 4

- 1,2 Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L
- 3,4 Pivot Turn: Step R forward, Turn  $\frac{1}{2}$  Left take weight onto L

5,6 Step R to the side Push hips to the Right, Push Hips Left  
7,8 Push Hips Right, Push Hips Left 9

**Restart: On wall 3 dance to Beat 16 (#) and restart facing 6 o'clock.**

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