

Down On My Knees

Compte: 32

Mur: 0

Niveau:

Chorégraphe: Cathy Montgomery (CAN), Kelly Mathew (USA) & Rachel Polack - September 2018

Musique: Desperate Man - Eric Church



Start dance 40 counts when the lyrics start if using the video version, if using the audio version it's 24 counts.

[1-8] -- Right Kick and Point, Left Kick and Point, Right Sailor Left Sailor with a ¼ turn left.

- 1 & 2 Kick the right foot forward, quickly step onto right foot, and point left toe to left side.
- 3 & 4 Kick the left foot forward, quickly step onto left foot, and point right toe to right side.
- 5 & 6 Sailor Step Right.
- 7 & 8 Sailor Step Left while making a ¼ turn to the left.

[9 -16] – Vaudeville Steps, Right and Left, Heel Switches, Right and Left, Left Right foot forward, ¼ turn left.

- 1& 2 Step Right foot across Left, quickly step back onto your left foot & touch your right heel to right angle.
- &3 & 4 Quickly step onto Right foot, cross your left foot across your right, quickly step back onto your right foot, and touch your left heel to left angle.
- &5 & 6 Quickly step onto your left foot, touch right heel forward, quickly step onto right foot and touch your left heel forward.
- &7 - 8 Quickly step onto your left foot, step your right foot forward, and make ¼ turn left taking weight onto your left foot.

Restart dance here on the 3rd wall.

[17-24] – Sailor ½ turn left, Left behind and Heel, And Cross Hold, and Cross and Cross.

- 1 & 2 step your right foot behind left, make a ¼ turn taking weight onto left, make a ¼ left stepping right foot to right side.
- 3 & 4 Step your left foot behind right, quickly step onto right and touch your left heel to left angle.
- &5 – 6 Quickly step onto left foot, cross right over left and hold.
- &7 & 8 Quickly step onto left foot, cross right over left, quickly step onto left foot and cross right over left.

[25-32] – Rock Left Side, Behind and Cross, Hip bumps while making 2 1/8's of a turn left. (c bumps), fingers snap are optional.

- 1 – 2 Rock left foot to left side, recover onto right.
- 3 & 4 Step left behind right, quickly step onto right and cross left over right.
- 5 & 6 While touching your right toe, bump your hip up, bump your hip down while making an 1/8 of a turn.
- 7 & 8 While touching your right toe, bump your hip up, while making an 1/8 of a turn, and count 8 take you r weight onto the left foot.

Option with the turn is to snap your right fingers, up and down with the hips.

Start again.

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Last Update – 6th Oct. 2018