

# Open Heart

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Judy Rodgers (USA) - September 2018

**Musique:** My Heart Is Open - Keith Urban



## #32 count intro

### S1: Side rock, back rock, step lock & step lock &

- 1-2 Rock R to right side, recover L
- 3-4 Rock R behind L, recover L
- 5-6& Step R fwd, step/lock L behind R, step R fwd
- 7-8& Step L fwd, step/lock R behind L, step L fwd

### S2: Rock recover, shuffle turn 1/2 R, turn 1/4 R side rock, cross & cross

- 1-2 Rock R fwd, recover L
- 3&4 Turn 1/2 right step R fwd, step L beside R, step R fwd 6:00
- 5-6 Turn 1/4 right rock L to left side, recover R 9:00
- 7&8 Cross L over R, step R to right side, cross L over R

\*\*\*\*\* Wall 3 (starts 6:00).....Restart here facing 3:00

### S3: Turn 1/4 L back side cross point, back sweep, back sweep

- 1-2 Turn 1/4 left step R back, step L to left side 6:00
- 3-4 Cross R over L, point L to left diagonal
- 5-6 Step L back, sweep R from front to back
- 7-8 Step R back, sweep L from front to back

### S4: Turn 1/4 L sailor step, turn 1/2 L turn 1/2 L, jazz box

- 1&2 Turn 1/4 left sweep/step L behind R, step R to right side, step L slightly fwd 3:00
- 3-4 Turn 1/2 left step R back, turn 1/2 left step L fwd (option: walk fwd R, L)
- 5-8 Cross R over L, step L back, step R to right side, cross L over R

**One Restart: Wall 3 starts 6:00 - Dance 16 counts and Restart from beginning facing 3:00**

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