

No Trash In My Trailer

Compte: 32

Mur: 4

Niveau: Improver ECS

Chorégraphe: Stéphane Cormier (CAN) & Guy Dubé (CAN) - August 2018

Musique: No Trash In My Trailer - Colt Ford



Dance submitted and presented at : Atelier X-trême (August 2018)

Intro: 32 counts.

[1-8] TRIPLE STEP SIDE, ROCK BACK, 1/4 TURN R and TRIPLE STEP BACK, 1/4 TURN R and TRIPLE STEP SIDE

1&2 Triple step R,L,R to right
3-4 Cross L behind R with weight, recover on R
5&6 1/4 turn to right and triple step L,R,L back
7&8 1/4 turn to right and triple step R,L,R to right

[9-16] CROSS ROCK STEP, HEEL SWITCHES, VAUDEVILLE

1-2 Cross L over R with weight, recover on R
&3&4 Step L together R, heel touch R forward, step R together L, heel touch L forward
&5&6 Step L together R, cross R over L, step L to left, heel touch R forward diagonally to right
&7&8 Step R together L, cross L over R, step R to right, heel touch L forward diagonally to left

[17-24] TOGETHER, ROCK STEP with SWEEP, SAILOR STEP, 1/4 TURN L with SAILOR, KICK-BALL-CHANGE

& Step L together R
1-2 Step R forward with weight, recover on L in sweeping leg R from forward to back
3&4 Cross R behind L, step L to left, step R on place
5&6 Step L behind R in 1/8 turn to left, step R together L in 1/8 turn to left, step L forward
7&8 Kick R forward, ball R together L, step L forward

[25-32] 1/4 TURN L and TRIPLE STEP to R, 1/4 TURN L and TRIPLE STEP to L, CROSS, SIDE, CROSS, SIDE, STOMP

1&2 1/4 turn to left and triple step R,L,R to right
3&4 1/4 turn to left and triple step L,R,L to left
5-6 Cross R over L, step L to left
&7-8 Cross R behind L, step L to left, stomp R on the floor together L (ending weight on L)

REPEAT and HAVE FUN !

Contacts : cowboyscormier@hotmail.fr, guydube3@hotmail.com