

Swing Low Sweet Chariot

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Kitty Russell (USA) - August 2018

Musique: Swing Low, Sweet Chariot - Johnny Cash



Right lead

Begin at "Swing low sweet chariot..."

STEP, TOUCH X 4

- 1-2 Step R (1), touch L (2)
- 3-4 Step L (3), touch R (4)
- 5-6 Step R (5), touch L (6)
- 7-8 Step L (7), touch R (8)

LINDY RIGHT, LINDY LEFT

- 1&2,3-4 Triple step R (1), L (&), R (2) to right, rock L back behind right (3), recover R forward (4)
- 5&6,7-8 Triple step L (5), R (&), L (6) to left, rock R back behind left (7), recover L forward (8)

PIVOT 1/4 TURN LEFT X 2

- 1-2 Step forward R (1), pivot 1/4 left (9:00) and step L (2)
- 3-4 Step forward R (3), pivot 1/4 left (6:00) and step L (4)

LOCK STEPS FORWARD TO RIGHT, TOUCH, LOCK STEPS FORWARD TO LEFT, TOUCH

- 5-8 Step R diagonally forward to right (5), lock L behind R (6), step R (7), touch L next to R(8)
- 1-4 Step L diagonally forward to left (1), lock R behind L (2), step L (3), touch R next to L (4)

TRIPLE BACK X 2

- 5&6 Triple step R (5), L (&), R (6) back
- 7&8 Triple step L (7), R (&), L (8) back

Begin again
