

Catch A Wave

Compte: 64

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Susan Prats (USA) - July 2018

Musique: Catch a Wave - The Beach Boys

Right lead

V-STEP, ROCKING CHAIR, BRUSH

- 1-2 Step right to forward right, step left to forward left
- 3-4 Step right back to center, step left next to right
- 5-8 Rock forward on right, step left in place, rock back on right, step left in place while brushing right foot forward

SURF

- 1-8 Rock right forward, left back, right, left, right, left, right, left with arms outstretched, balancing as on a surf board

V-STEP, ROCKING CHAIR, BRUSH

- 1-2 Step right to forward right, step left to forward left
- 3-4 Step right back to center, step left next to right
- 5-8 Rock forward on right, step left in place, rock back on right, step left in place while brushing right foot forward

SURF

- 1-8 Rock right forward, left back, right, left, right, left, right, left with arms outstretched, balancing as on a surf board

PADDLE 1/4 LEFT X 2, ROCKING CHAIR

- 1-2 Step forward right, paddle left with 1/4 left turn
- 3-4 Step forward right, paddle left with 1/4 left turn
- 5-8 Rock forward on right, step left in place, rock back on right, step left in place

SURF

- 1-8 Rock right forward, left back, right, left, right, left, right, left with arms outstretched, balancing as on a surf board

WALK BACK 3, HITCH, WALK BACK 3 WITH 1/4 LEFT TURN, HITCH

- 1-4 Step right back, left back, right back, hitch left knee up
- 5-8 Step left back, right back, left back with 1/4 left turn, hitch right knee up

STEP TOUCHES

- 1-2 Step right, touch left
- 3-4 Step left, touch right
- 5-6 Step right, touch left
- 7-8 Step left, touch right

Restart