

# La Cintura

**Compte:** 32

**Mur:** 1

**Niveau:** Ultra Beginner

**Chorégraphe:** Nicole Miller (LUX) - July 2018

**Musique:** La Cintura - Álvaro Soler



**Start dancing after 16 counts**

## **SIDE TOGETHER, SHUFFLE R, ROCKING CHAIR**

1-2 Step right to right, step left together,  
3&4 Step right to right, step left together, step right to right  
5-8 Step left forward, recover right, step left back, recover right

## **SIDE TOGETHER, SHUFFLE L, ROCKING CHAIR**

1-2 Step left to left, step right together,  
3&4 Step left to left, step right together, step left to left  
5-8 Step right forward, recover left, step right back, recover left

## **SHUFFLE FORWARD 2X, STEP TURN 2X**

1&2 Step right forward, step left next to right, step right forward,  
3&4 Step left forward, step right next to left, step left forward,  
5-8 Step right forward, turn ¼ left, step right forward, turn ¼ left (with hip rolls)

## **SHUFFLE FORWARD 2X, STEP TURN 2X**

1&2 Step right forward, step left next to right, step right forward,  
3&4 Step left forward, step right next to left, step left forward,  
5-8 Step right forward, turn ¼ left, step right forward, turn ¼ left (with hip rolls)

## **REPEAT**

### **TAG: After wall 7:**

1-4 Sway right, left, right, left

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