

AB Lonesome Me

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Russell Breslauer (USA) - June 2018

Musique: Oh Lonesome Me - Don Gibson



BACK RECOVER SHUFFLE FORWARD* FORWARD* RECOVER SHUFFLE BACK*

1-2 Step Left back, recover on Right

3&4 * Shuffle forward Left, Right, Left

5-6 * Step Right forward, Recover on Left

7&8 * Shuffle back Right Left Right

*Turning option: 3&4 is ½ turn Right 5-6 Right Back Left recover 7&8 is ½ turn Left

BACK RECOVER SIDE SHUFFLE BACK RECOVER SIDE SHUFFLE

1-2 Step Left back, recover on Right

3&4 Shuffle to left on Left, Right, Left

5-6 Step Right back, Recover on Left

7&8 Shuffle to the right on Right Left Right

CROSS RECOVER SIDE SHUFFLE CROSS RECOVER SIDE SHUFFLE

1-2 Step Left in front of right, recover on Right

3&4 Shuffle to left on Left, Right, Left

5-6 Step Right in front of left, Recover on Left

7&8 Shuffle to the right on Right Left Right

K STEP WITH ¼ LEFT TURN*

1-2 Step Left forward diagonal, touch Right next to left

3-4 Step Right back diagonal, touch Left next to right

5-6 Step Left ¼ left turn touch Right next to left

7-8 Step Right to right and touch Left next to right

Option: for a 1-wall dance, make a regular K Step with no turn

5-6 Step Left back diagonal, touch Right next to left

7-8 Step Right forward diagonal, touch Left next to right

REPEAT

Contact: BreslauerDanceSF@yahoo.com

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