

Sobredosis

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Isabelle Biasini (FR) - June 2018

Musique: Sobredosis (feat. Ozuna) - Romeo Santos



Style : Batchata

SIDE TOUCH R, L, STEP FORWARD R, 1/4 TURN L TOUCH L, 1/4 TURN L STEP FORWARD L, SIDE STEP R WITH SWAY R

- 1-2 Step RF to right side, Touch L next to RF (12.00) (Style batchata)*
- 3-4 Step LF to left side, Touch R next to LF (12.00) (Style batchata)*
- 5-6 RF forward, L ¼ turn Touch LF next RF (9.00) (Style batchata)*
- 7-8 L ¼ turn LF forward, Step RF to right side with sway R (6.00)

*(Style batchata : raise your hip and down on touch)

SWAY L, SWAY R, STEP TOGETHER, CROSS R, SIDE STEP L, CROSS R, LARGE SIDE STEP, 1/8 TURN R TOGETHER L

- 1-2 Sway L, Sway R (6.00)
- 3-4 LF next to RF, Cross RF over LF (6.00)
- 5-6 Step LF to left side, Cross RF over LF(6.00)
- 7-8 Large step LF L side, R 1/8 turn RF next to LF (7.30)

LOCK STEP DIAGONAL, TOUCH R, ROLLING VINE R, TOUCH L

- 1-2 LF diagonal forward, RF behind LF (7.30)
- 3-4 LF diagonal forward, Touch RF next LF (7.30) (Style batchata)
- 5-6 R 3/8 turn RF forward (12.00), R 1/2 turn LF back (6.00)
- 7-8 R ¼ turn RF to R side (9.00), Touch LF next RF (9.00) (Style batchata)

SIDE ROCK STEP, RECOVER, TOGETHER, BACK ROCK STEP, WALK R, L, HITCH R

- 1-2 Step LF to left side, Recover on RF
- 3-4 Step LF next to RF, Step back RF
- 5-6 Recover on LF, RF forward
- 7-8 LF forward, Hitch R Knee

AND START AGAIN WITH A SMILE

Teacher : Isabelle Biasini isanevlinedanse@gmail.com www.isanevlinedanse.fr