

# Take These Chains From My Heart

**COPPER** KNOB  
BY STEPHEN METZ

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Kitty Russell (USA) - June 2018

**Musique:** Take These Chains From My Heart - Hank Williams



## Right lead

### RIGHT DIAGONAL LOCK STEPS FORWARD, BRUSH, LEFT DIAGONAL LOCK STEPS FORWARD, HITCH

- 1-4 Step right diagonally forward, lock left behind right, step right diagonally forward, brush left next to right
- 5-8 Step left diagonally forward, lock right behind left, step left diagonally forward, hitch right knee up

### BACK STEPS WITH HITCHES X 4

- 1-2 Step right back, hitch left knee up
- 3-4 Step left back, hitch right knee up
- 5-6 Step right back, hitch left knee up
- 7-8 Step left back, hitch right knee up

### RIGHT VINE, HITCH, LEFT VINE, HITCH

- 1-4 Step right to right side, step left behind right, step right to right side, hitch left knee up
- 5-8 Step left to left side, step right behind left, step left to left side, hitch right knee up

### STEP, HITCH WITH 1/8 LEFT TURN X 4

- 1-2 Step forward on right, pivot 1/8 left and hitch left knee up
- 3-4 Step left to left side, pivot 1/8 left and hitch right knee up
- 5-6 Step forward on right, pivot 1/8 left and hitch left knee up
- 7-8 Step left to left side, pivot 1/8 left and hitch right knee up

## Begin again

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