

# Rock The Beat

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Nathan Gardiner (SCO) - June 2018

**Musique:** 21st Century Girl - Willow



**Intro: 16 counts**

**Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L**

- 1-2 Step forward on R, Step forward on L
- 3&4 Step forward on R, Lock L behind R, Step forward on R
- 5-6 Rock forward on L, Recover on R
- 7-8 ½ L stepping forward on L, ½ L stepping back on R

**Sailor Step L & R, Behind, ¼ R, Step Pivot ¾ R**

- 1&2 Step L behind R, Step R to R side, Step L to L side
- 3&4 Step R behind R, Step L to L side, Step R to R side
- 5-6 Step L behind R, ¼ R stepping forward on R
- 7-8 Step forward on L, Pivot ¾ R

**Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross**

- 1-2-3 Step L to L side, Step R next to L, Step forward on L
- 4&5 Step forward on R, Lock L behind R, Step forward on R
- 6-7 Rock forward on L, Recover on R
- 8&1 Step back on L, Step R next to L, Cross L over R

**Monterey ½ R, Monterey ¼ L, Step Pivot ½ L, Point**

- 2-3 Point R to R side, ½ R stepping R next to L
- 4-5 Point L to L side, ¼ L stepping L next to R
- 6-7 Step forward on R, Pivot ½ L
- 8 Point R to R side

**Tag: End of wall 1**

**Cross, Point, Cross, Point, Jazz Box Cross**

- 1-2 Cross R over L, Point L to L side
- 3-4 Cross L over R, Point R to R side
- 5-6 Cross R over L, Step back on L
- 7-8 Step R to R side, Cross L over R

**Point, Cross, Point, Cross, Sway R, L, R, L**

- 1-2 Point R to R side, Cross R over L
- 3-4 Point L to L side, Cross L over R
- 5-6 Step R to R side swaying hips to R side, Sway hips to L side
- 7-8 Sway hips to R side, Sway hips to L side

**Contact:** [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)