## Triple Dance

Compte: 96
Mur: 2
Niveau: Phrased Intermediate
Chorégraphe: Romain Brasme (FR) \& Marlon Ronkes (NL) - May 2018
Musique: Dance Dance Dance - Sharon Doorson

## Seq: A-B-TAG1-A-B-B-A(32 COUNTS)-TAG2-B-B <br> PART A - 64 counts <br> [1-8] RF ROCKSTEP - RF SAILOR STEP W/ $3 / 4$ TURN R - STEP LOCK STEP X2 <br> 1-2 $\quad R F$ rockstep on the $R$ side : step $R$ to $R$ (1), come back on LF (2) <br> 3\&4 $\quad R F$ sailor step with $3 / 4$ turn $R$ (09:00) <br> 5\&6 LF step lock step : LF step forward (5), RF cross behind LF (\&), LF step forward (6) <br> 7\&8 RF step lock step : RF step forward (7), LF cross behind RF (\&), RF step forward (8) <br> ```[9-16] TOUCH - FLICK W/ 1⁄2 TURN - STEP LOCK STEP - STEP FORWARD - SPIRALE - STEP \\ FORWARD - TOUCH W/ 1/2 TURN \\ 1-2 LF touch forward (1), LF flick with 1/2 turn R (2) (03:00) \\ 3&4 LF step lock step : LF step forward (3), RF cross behind LF (&), LF step forward (4) \\ 5-6 RF step forward (5), make a full turn spirale w/ LF (6) \\ 7-8 LF step forward (7), RF touch next to LF with 1/2 turn L (8) (09:00)```

[17-24] TOUCH - KICK W/ ¼ TURN R - COASTER STEP - TOUCH - KICK W/ ¼ TURN L COASTER STEP

| $1-2$ | RF touch next to LF (1), RF kick forward with $1 / 4$ turn $R(2)$ |
| :--- | :--- |
| $3 \& 4$ | RF coaster step : RF step behind (3), together (\&), RF step forward (4) (12:00) |
| $5-6$ | LF touch next to RF (5), LF kick forward with $1 / 4$ turn $L(6)$ |
| $7 \& 8$ | LF coaster step : LF step behind (7), together (\&), LF step forward (8) (09:00) |


| [25-32] ROCKSTEP - TOGETHER - ROCKSTEP - WALK, WALK, WALK - $1 / 2$ TURN - OUT - OUT |  |
| :--- | :--- |
| 1-2 | RF rockstep on the R side |
| $\& 3-4$ | RF next to LF (\&), LF rockstep on the L side |
| $5 \& 6$ | LF step forward (5), RF step forward (\&), LF step forward (8) |
| $7 \& 8$ | $1 / 2$ turn L (7), RF step to the R (\&), LF step to the L(8) (03:00) |


| [33-40] STEP - BEHIND - SIDE - CROSS - ROCK MAMBO - CROSS - STEP - CROSS SHUFFLE |  |
| :--- | :--- |
| 1 | RF step to the side |
| $2 \& 3$ | LF cross behind RF (2), RF step to the side (\&), LF cross over RF (3) |
| $\& 4$ | RF rock mambo on the R side : step to the R (\&), recover on L (4) |
| $5-6$ RF cross over LF (5), LF step to the L side (6) <br> $7 \& 8$ RF cross shuffle to the L: RF cross over LF (7), LF step to the L side (\&), RF cross over LF <br>  (8) |  |

[41-48] STEP - ARMS MOVEMENTS - CHEST POP - STEP - ARMS MOVEMENTS - CHEST POP
1-2 $\quad L F$ step to the $L$ and place your $R$ forearm on the $L$ one : $L$ elbow down - $R$ elbow up (1), $L$ elbow up, R elbow down (2)
$3 \& 4 \quad$ Place your arms in front of your chest and RF next to LF (3), push your chest forward (\&), come back (4)
5-6 $\quad L F$ step to the $L$ and place your $R$ forearm on the $L$ one : $L$ elbow down - $R$ elbow up (5), $L$ elbow up, $R$ elbow down (6)
7\&8 Place your arms in front of your chest and RF next to LF (7), push your chest forward (\&), come back (8)

## FORWARD

1-2 RF step forward (1), LF step forward (2)
3\&4 RF mambo back: RF rock mambo forward (3), recover on L (\&), RF step behind (4)
5-6 LF step behind (5), RF step behind (6)
7\&8 LF mambo back : LF rock mambo backward (7), recover on R (\&), LF step forward (8)
[57-64] STEP - TOUCH - STEP - TOUCH - WALK X4 W/ 3/4 TURN
1-2 $\quad$ RF step to the side (1), LF touch next to RF (2)
3-4 LF step to the side (3), RF touch next to LF (4)
5-8 Walk R,L,R,F with $3 / 4$ turn $R$ (12:00)
PART B - 32 counts
[1-8] TOUCH - TOGETHER - TOUCH - TOGETHER - TOUCH - TOGETHER + ARMS MOVEMENTS
1\&2 $\quad R F$ touch to the $R$ side and $R$ arm reach up $L$ diagonale (1), $R F$ next to $L F(\&)$, $L F$ touch to the $L$ side and $L$ arm reach up $R$ diagonale (2)
\&3-4 LF next to RF (\&), RF Touch to the $R$ side and bring your $R$ arm slowly up in diagonale $L$
5-8 RF come slowly next to LF, bring your $R$ arm back down
[9-16] STEP - TOUCH - STEP - TOUCH - STEP FORWARD R, L - KICK - OUT OUT
1-2 $\quad R F$ step to the side (1), LF touch behind RF (2)
3-4 LF step to the side (3), RF touch behind LF (4)
5-6 RF step forward (5), LF step forward (6)
7\&8 RF kick forward (7), OUT, OUT
[17-24] HITCH X3 - SAILOR STEP - SAILOR STEP
1-4 «DANCE, DANCE, DANCE» = $L$ knee up, $R$ knee up, $L$ knee up
5\&6 LF sailor step
7\&8 RF sailor step
[25-32] $1 / 2$ TURN - $1 / 2$ TURN - $1 / 2$ TURN - STEP - RF COME TO LF
1-4 «DANCE, DANCE, DANCE» = LF step to the side with $1 / 2$ turn $L, R F$ step to the side with $1 / 2$ turn $L, L F$ step to the side with $1 / 2$ turn $L$
5-8 LF step to the side (5), RF come next to LF (06:00)
TAG 1
[1-4] STEP - LF COME TO RF
1-4 $\quad$ RF step to the $R$ side (1), LF come next to $R F$ and restart part $A$
TAG 2 (16 counts)
[1-8] CLAP - CLAP - CLAP - SNAP - SHAKE
1-2 Clap your hands on thighs (1), clap your hands on hips (2)
3-4 Clap your hands (3), snap your fingers (4)
5-8 Shake your shoulders
[9-16] STEP TO THE SIDE - TOUCH - STEP TO THE SIDE - TOUCH - WALK R, L, R, L S/ 3/4 TURN R
1-2 $\quad$ RF step to the $R$ side (1), $L F$ touch next to $R F$ (2)
3-4 LF step to the $L$ side (3), $R F$ touch next to $L F$ (4)
5-8 Walk R,L,R,L with $3 / 4$ turn $R$

