

# Got No Roots

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Kirsteen Currie (UK) & Lesley Stewart (SCO) - May 2018

**Musique:** No Roots - Alice Merton



**Intro:** 24 count intro start just before vocals

**Restart:** On walls 2 & 5 dance up to count 16 and add an & count to start the dance again

## **HEEL GRIND ¼ TURN, COASTER STEP, STEP ¼ TURN, CROSS SHUFFLE**

- 1-2 Dig right heel forward, ¼ turn right  
3&4 Step back on right, step left next to right, step forward on right  
5-6 Step forward on left, ¼ turn right  
7&8 Cross step left over right, step right to right side, cross step left over right

## **¼ TURN, STEP, COASTER STEP, STEP, BOUNCE, STEP BOUNCE**

- 1-2 ¼ turn left stepping back on right, step back on left  
3&4 Step back on right, step left next to right, step forward on right  
5-6 Step forward on left, bounce both heels  
7-8 Step forward on right, bounce both heels

## **HEEL & TOE & TOE & HEEL ¼ TURN LEFT, ROCK, RECOVER, ½ TURN SHUFFLE**

- 1&2& Dig left heel forward, step left next to right, touch right toe next to left, ¼ turn left stepping on right  
3&4& Touch left toe next to right, step left next to right, dig right heel forward, step right next to left  
5-6 Rock forward on left, recover on right  
7&8 ½ turn left stepping forward on left, step right next to left, step forward on left

## **ROCK, RECOVER, ½ TURN SHUFFLE, ½ TURN SHUFFLE, ¼ TURN, TOUCH**

- 1-2 Rock forward on right, recover on left  
3&4 ½ turn shuffle right stepping right, left, right  
5&6 ½ turn shuffle right stepping left, right, left  
7-8 ¼ turn right stepping right to right side, touch left next right

## **& CROSS, HOLD, CROSS & CROSS, ROCK, RECOVER, BEHIND, ¼ TURN**

- &1-2 Step left next to right, cross right over left, HOLD  
&3&4 Step left to left side, cross right over left, step left to left side, cross step right over left  
5-6 Rock left out to left side, recover on right  
7&8 Step left behind right, ¼ turn right stepping forward on right, step forward on left

## **ROCK, RECOVER, WALK BACK L, R, COASTER STEP, KICK BALL POINT**

- 1-2 Rock forward, recover on left  
&3-4 Step right next to left, walk back left & right  
5&6 Step back on left, step right next to left, step forward on left  
7&8 Kick right foot forward, bring back in place, point left to left side

## **KNEE IN, OUT, ¼ TURN, SHUFFLE FORWARD, ROCK, RECOVER, ½ TURN SHUFFLE**

- 1-2 Bend left knee in, bend left knee out making a ¼ turn left weight on left foot  
3&4 Step forward on right, step left next to right, step forward on right  
5-6 Rock forward on left, recover on right  
7&8 ½ turn left stepping forward on left, step right next to left, step forward on left

## **TOE SWITCHES, HEEL SWITCHES, KICK BALL BACK X2**

- 1&2 Touch right toe to right side, bring back in place, touch left toe to left side

&3&4 Step left next to right, touch right heel forward, bring back in place, touch left heel forward  
&5&6 Step left next to right, kick right forward, step right next to left, step back on left  
7&8 Kick right forward, step right next to left, step back on left

**Start Again.....Happy Dancing...**

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