

# Hela Ho

**COPPER** KNOB  
BY SHEETS

**Compte:** 64

**Mur:** 2

**Niveau:** Phrased High Beginner

**Chorégraphe:** Janet (Zhen Zhen) Ge (CN) - May 2018

**Musique:** Hela Ho - Die Campbells



**Sequence:** AABB - T- AABB - AT - BBB

**Intro:** 32 counts

**Part A 32 counts**

**[1-8] Vine R, Side, Point, 1/4 Turn L, 1/4 Turn L Hitch**

1-4 Step R to side, cross L behind R, step R to side, cross L over R

5-8 Step R to side, point L diagonal R, 1/4 turn L step L forward, brush R & 1/4 turn L hitch R (6:00)

**[9-16] Vine R, Side, Point, 1/4 Turn L, 1/4 Turn L Hitch**

1-4 Step R to side, cross L behind R, step R to side, cross L over R

5-8 Step R to side, point L diagonal R, 1/4 turn L step L forward, brush R & 1/4 turn L hitch R (12:00)

**[17-24] Rumba Box**

1-4 Step R to side, step L together, forward shuffle R-L-R

5-8 Step L to side, step R together, back shuffle L-R-L

**[25-32] Rock, 1/2 Turn Back Shuffle, Rock, Fwd Shuffle**

1-4 Rock R back, recover on L, 1/2 turn L back shuffle R-L-R

5-8 Rock L back, recover on R, forward shuffle L-R-L (6:00)

**Part B 32 Counts**

**[1-8] Out, Out, In, In, Hip-Bump R, Hip-Bump L**

1-4 Step R heel diagonal R, step L heel diagonal L, step R back, step L together

5-8 Step R to side & hip bump R-L-R, hip bump L-R-L

**[9-16] Pivot 1/4 Turn L (X2), Jazz Box Step**

1-4 Step R forward, 1/4 pivot L, step R forward, 1/4 pivot L,

5-8 Cross R over L, step L back, step R to side, cross L over R (6:00)

**[17-24] Rock, Cross Shuffle, Rock, Cross Shuffle**

1-4 Rock R to side, recover on L, cross shuffle R-L-R

5-8 Rock L to side, recover on R, cross shuffle L-R-L

**[25-32] Rock, 1/2 Turn Fwd Shuffle, 1/2 Pivot R, Fwd Shuffle**

1-4 Step R forward, recover on L, 1/2 turn R forward shuffle R-L-R

5-8 Step L forward, 1/2 pivot R, forward shuffle L-R-L (6:00)

**Start again**

**Tag: 4 Counts**

**[1-4] Side, Touch, Side, Touch**

1-4 Step R to side, touch L beside R, step L to side, touch R beside L

**Have Fun!**

**Contact:** 93806188@qq.com

Last Update - 1st June 2018

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