

# Shades On

Compte: 32

Mur: 4

Niveau: Newcomer / Novice

Chorégraphe: Candee Seger (USA) - April 2018

Musique: Shades On - The Vamps : (Album: Night and Day, Night Edition)



Count In: 16 counts in (approx. 8 seconds)

Notes: No Tags, No Restarts

## [1-8] Step R, Lean w/L Flick Back, Step, R Hitch, Triple Forward, Rock, Recover

- 1 2 Step R (1), Lean forward on RF L leg Flick back w/ bent Knee (2)
- 3 4 Step on L (3), Hitch R leg up high (exaggerated) in front (4)
- 5&6 Step R forward (5), Step L forward (&), Step R forward (6)
- 7 8 Rock L forward (7), Recover R (8)

## [9-16] Rock Back, Recover, Step Forward 1/2 R Turn, Rock Recover, Step Back w/2 claps - 6:00

- 1 2 Rock L back (1), Recover R (2)
- 3 4 Step L Forward (3), Pivot 1/2 R (4)
- 5 6 Rock L Forward (5), Recover R (6)
- 7&8 Step L Back (7), Touch R next to L, clapping hands (&8)

## [17-24] Vine Right, Touch, Step Forward, Touch, 1/4 R, Touch

- 1 2 Step R to R side (1), Step L behind R (2)
- 3 4 Step R to R side (3), Touch L next to R (4)
- 5 6 Step L Forward (5), Touch R to L Heel (6)
- 7 8 Step R 1/4 R (7), Touch L next to R (8) 9:00

## [25-32] Side Triple L, Cross Rock, Recover, Step, Kick Ball Touch, Heel Tap Swivels w/Bump \*(Option-Hold)

- 1&2 Step L to L side (1), Step R next to L (&), Step L to L side (2)
- 3 4 Cross R over L (3), Recover L (4)
- 5 Step R next to L
- 6&7 Kick LF Forward (6), Step on L (&), Touch R next to L (7)
- &8 Tap R Heel to R (&), Tap R Heel Home (8) -this will also cause your hip to Bump Out (&), In (8)

\* EASY Option is to HOLD for &8