

# Dance On

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Hayley Wheatley (UK) & Judith Kennedy (UK) - March 2018

Musique: Dance On - Cliona Hagan



**\*\* Written for LDF Day 2018 \*\***

**INTRO: 18 Count intro Start on the word "on".**

**Phrasing Of Dance: B+ B- ABC AB+BC**

## Part A

### **S1: WALK, WALK, SHUFFLE, ROCK FORWARD, RECOVER, SHUFFLE ½ TURN**

- 1-2 Walk fwd on RF, Walk fwd on LF, 12:00
- 3&4 Step fwd on RF, Close LF beside RF, Step fwd on RF 12:00
- 5-6 Rock fwd on LF, Recover onto RF 12:00
- 7&8 Step LF to L side making ¼ turn L, Close RF beside LF, Step fwd onto LF making ¼ turn L 6:00

### **S2: WALK, WALK, SHUFFLE, ROCK FORWARD, RECOVER, STEP BACK, STEP OUT, STEP OUT**

- 1-2 Walk fwd on RF, Walk fwd on LF 6:00
- 3&4 Step fwd on RF, Close LF beside RF, Step fwd on RF 6:00
- 5-6 Rock fwd on LF, Recover onto RF 6:00
- &7-8 Step Back onto LF, Step out onto RF, Step out onto LF 6:00

### **S3: CLAP R, L, R, L**

- 1-2 Clap hands to R Side, Clap hands to L side 6:00
- 3-4 Clap hands to R Side, Clap hands to L side 6:00

## Part B

### **S1: STEP FORWARD, STEP ¼ TURN CROSS, ROCK & CROSS, SWAY, SWAY, BEHIND SIDE CROSS,**

- 1, 2 &3 Step fwd on RF, Step fwd on LF, Pivot ¼ turn R, Cross LF over RF 3:00
- 4&5 Rock RF to R side, Recover onto LF, Cross RF over LF 3:00
- 6-7 Sway hips to L, Sway hips to R 3:00
- 8&1 Step LF behind RF, Step RF to R side, Cross LF over RF 3:00

### **S2: KICK BALL CROSS, STOMP ¼ turn, CROSS, STEP BACK ¼ TURN, KICK BALL CHANGE**

- 2&3, 4 Kick RF fwd, Step back onto RF, Cross Lf over RF, Stomp fwd onto RF making ¼ turn R 6:00
- 5-6 Cross LF over RF, Step back onto RF making ¼ turn L, 3:00
- 7&8 Kick LF fwd, Replace LF, Step fwd onto RF 3:00

### **S3: CROSS, STEP BACK ¼ TURN, KICK BALL CHANGE, ROCK FWD RECOVER, ROCK FORWARD, RECOVER**

- 1-2 Cross LF over RF, Step back onto RF making ¼ turn L, 12:00
- 3&4 Kick LF fwd, Replace LF, Step fwd onto RF 12:00
- 5-6 Rock fwd onto LF, Recover onto RF, 12:00
- &7-8 Step back onto LF, Rock fwd onto RF, Recover onto LF 12:00

**(B-) At this point in the dance on wall 2 Start Part A**

### **S4: SHUFFLE BACK, TOUCH BACK, REVERSE TURN,**

- 1&2 Step back on RF, Close LF beside RF, Step back onto RF 6:00
- 3-4 Touch L toe back, Reverse ½ turn L 6:00

**(B+ TAG) On the 1st and 4th time dancing part B add two Knee pops:**

- 1-2 Pop L knee in, Pop R knee in (finishing with weight on LF)

**Part C**

**S1: SIDE, CLOSE, SHUFFLE FWD, SIDE, CLOSE, SHUFFLE BACK**

- 1-2 Step RF to R side, Close LF beside RF
- 3&4 Step fwd on RF, Close LF beside RF, Step fwd on RF
- 5-6 Step LF to L side, Close RF beside LF
- 7&8 Step back onto LF, Close RF beside LF, Step back onto LF

**S2: SIDE, CLOSE, SHUFFLE BACK, SIDE CLOSE, SHUFFLE FWD**

- 1-2 Step RF to R side, Close LF beside RF
  - 3&4 Step back onto RF, Close LF beside RF, Step back onto RF
  - 5-6 Step LF to L side, Close RF beside LF
  - 7-8 Step fwd onto LF, Close RF beside LF, Step fwd onto LF
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