

# Hands Up

**COPPER** **KNOB**  
BY STEPSHEETS

**Compte:** 48

**Mur:** 1

**Niveau:** Beginner - Line and Wheelchair



**Chorégraphe:** Sonja Hemmes (USA) - March 2018

**Musique:** Hands Up - Ottawan

**Start after 48 Counts**

**\*While this dance was choreographed for people in wheelchairs, it is fun for all dancers**

## COASTER FORWARD

- 1-2 Step right forward, step left forward next to right
- 3-4 Step right back, step left back next to right
- 5-6 Step right forward, step left forward next to right
- 7-8 Step right back, step left back next to right

**Styling: Each time you step forward, raise both hands up  
Each time you step back, lower your hands**

## STEP TOUCHES TO THE SIDE

- 1-2 Step right to right side, touch left next to right
- 3-4 Step left to left side, touch right next to left
- 5-6 Step right to right side, touch left next to right
- 7-8 Step left to left side, touch right next to left

**Styling: -**

**Each time you step touch to the right, sway hands to the right  
Each time you step touch to the left, sway hands to the left**

## COASTER FORWARD

- 1-8 Repeat steps 1-8 Coaster Forward and repeat styling

## STEP TOUCHES TO THE SIDE

- 1-8 Repeat steps 9-16 Step Touches to the Side and repeat styling

## STEP TOUCHES FORWARD, BACK DIAGONALLY (K-STEP)

- 1-2 Step right forward diagonally, touch left next to right
- 3-4 Step left back diagonally, touch right next to left
- 5-6 Step right back diagonally, touch left next to right
- 7-8 Step left forward diagonally, touch right next to left

## VINE RIGHT, VINE LEFT WITH TOUCHES

- 1-4 Step right to the right, step left behind right, step right to the right, left touch
- 5-8 Step left to left side, step right behind left, step left to left side, right touch

**TAG: At the end of the 6th rotation, there is an 8 count tag. Repeat vine right, vine left with touches.  
RESTART: After the tag, dance counts 1-32. Restart and dance counts 1-32 again**

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